

# TECHNICAL GUIDE

UCI INTERNATIONAL 2. PRO  
TOUR OF NORWAY 2025, 29 MAY - 1 JUNE



TOUR OF  
NORWAY

[www.tourofnorway.no](http://www.tourofnorway.no)





Red Bull

GIRO

VISMMA

lease a bike

cervélo

AGU

U.S. CYCLO TEAM



VISMMA

lease a bike

BETCITY.NL

beyond ordinary

# TECHNICAL GUIDE

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TOUR OF  
NORWAY

## TEAMS



Team Visma | Lease a Bike  
(NED)



INEOS Grenadiers  
(GBR)



Alpecin-Deceuninck  
(BEL)



UAE Team Emirates - XRG  
(UAE)



Intermarché - Wanty  
(BEL)



Red Bull - BORA - hansgrohe  
(GER)



Team Picnic PostNL  
(NED)



Israel Premier Tech  
(ISR)



Unibet Tietema Rockets  
(FRA)



Team Flanders - Baloise  
(BEL)



Uno-X Mobility  
(NOR)



Lotto  
(BEL)



Team ColoQuick  
(DEN)



Project Echelon Racing  
(USA)



Team Coop - Repsol  
(NOR)



Lillehammer CK Continental Team  
(NOR)



Norway

## JERSEYS



Leader in the GC



Best placed young rider in GC



Leader of the Points competition



King of Mountain competition

## OFFICIALS

### RACE DIRECTION:

**General director:** Roy Hegreberg  
**Race director:** Fredrik Galta | +47 928 59 815  
**Safety manager:** Bjarte Eikås | +47 902 42 570  
**Medical manager:** Arne Skjæveland

### RACE STAFF:

**Chief of mobile marshalls:** Rune Olsen  
**Chief of stationary marshalls:** Håkon Fosshaug Holst  
**Head of Police:** Øyvind Haaland  
**Regulator:** Mario de Wandel  
**Radio Tour:** Skjalge Kraglund  
**Radio manager:** Heikki Dahle

### ARENA TEAM:

**Arena manager:** May Britt Østerhus Morland  
**Arena manager technical:** Øyvind Salvesen  
**Arena coordinator, start:** May Britt Østerhus Morland  
**Arena announcer:** Kjell Erik Kristiansen

### SERVICE TEAM:

**Hotel manager/team relations:** Caroline Nguyen  
**Transport:** Ole Tøssebro / Hans Petter Trondsen  
**Results/timing:** Elapse  
**Race headquarters:** Marianne Wigert Larsen

### COLLEGE OF COMMISSAIRES

**President of the commissaires panel:** Rodolphe Cramete (FRA)  
**Member of the jury:** Morten Messelt (NOR)  
**Member of the jury:** Jaan Lepajõe (EST)  
**Member of the jury:** Jarle Midtsveen (NOR)  
**Finish judge:** Isabel Rege Kvåle (NOR)  
**Timekeeper:** Rune Torkildsen (NOR)  
**Moto commissaire 1:** Morgan Grindalen (NOR)  
**Moto commissaire 2:** Tor Arne Oltedal (NOR)  
**Broom:** Karlis Berlands (LAT)

### MEDIA

**Communication manager:** Tore André Aase Vabø  
**Press Officer:** Joachim Baardsen  
**TV production:** NEP group

## HOSPITALS

### STAGE 1

Stavanger Universitetssykehus  
Gerd-Ragna Bloch Thorsens gate 4, 4011 Stavanger  
Phone: +47 51519285

### STAGE 2 - First part

Engvald Hansens vei 6 Engvald Hansens vei 6, 4400  
Flekkefjord  
Phone: +47 38073000

### STAGE 2 - Last part

Stavanger Universitetssykehus  
Gerd-Ragna Bloch Thorsens gate 4, 4011 Stavanger  
Phone: +47 51519285

### STAGE 3

Stavanger Universitetssykehus  
Gerd-Ragna Bloch Thorsens gate 4, 4011 Stavanger  
Phone: +47 51519285

### STAGE 4

Stavanger Universitetssykehus  
Gerd-Ragna Bloch Thorsens gate 4, 4011 Stavanger  
Phone: +47 51519285

## IN CASE OF EMERGENCY: DIAL 113

## SPECIAL INSTRUCTIONS

### LAST 1000 M

The last 1000-m is marked with half arches marked with a red triangle or signs with a red triangle (In case of heavy wind).

### RACE RESULTS

Results will be distributed at all official hotels and on the organizers web site ([www.tourofnorway.no](http://www.tourofnorway.no)). Please register your mobile number and e-mail address at the permanence in order to receive e-mails and sms with results.

### COMMUNICATIONS EQUIPMENT

Radios will be pre-installed in all organizer-cars. Hand-held radios will be issued on Wednesday 28 May at the permanence for teams without radios. Radios will be individually signed for and are the responsibility of the holder, and must not be interchanged or loaned out at any time. Radio Tour frequency: 154.925 Mhz.

### PHONE NUMBERS

A list of phone numbers will be distributed from the permanence on Wednesday 28 May.

## ENVIRONMENTAL CARE

Please respect the environment and behave responsibly during the race. The race route goes through many areas of vulnerable nature.

Waste disposal - no littering!

During the race your waste must be disposed in the designated zones.

According to the UCI-regulations there will be signposted waste zones at the race route. Riders must only dispose of their waste, water bottles or any other object in these specially designated areas. It is mandatory for the riders to dispose their waste in the waste zones.

Please use the litter bags placed at all start and finish sites.

## SAFE DRIVING

### MANDATORY

#### SWITCH ON YOUR LIGHTS

Low-beam headlights are required at all times (even if your vehicle is equipped with daytime running lights).

#### ALWAYS WEAR A SEATBELT

Seat belts are mandatory for occupants in both the front and back seats of the vehicle.

#### CHECK YOUR SPEED

30 kph or 50 kph max in built-up areas, dependent on signs. 50 kph max on stretches of road where there are large numbers of spectators 80 kph max outside built-up areas, even if there are few members of public.

### PROHIBITED

#### MOBILE TELEPHONES

The use of hand held mobile phones while driving is prohibited.

#### U-TURNS

Driving in the wrong direction on the course is strictly prohibited, even if only for a short distance.

#### ALCOHOL AND DRUGS

Zero alcohol limit: 0,0 g/litre of blood. Alcohol and cannabis uptake tests to be carried out during the event.

## PROGRAM

### MAY 28th

#### Vår Energi Arena Sola

15:00	Commissaries meeting
15:30 - 16:45	Confirmation of starters and distribution of identification numbers. Licence check.
17:00	Team managers' meeting

### MAY 29th

#### Vår Energi Arena Sola

10:00	Safety meeting, drivers
-------	-------------------------

## DISTANCES TO START FROM THE HOTELS

### STAGE 1 | MAY 29

Clarion Hotel Air: 3,5 km.  
Approximately 5 minutes

Quality Airport Hotel Stavanger: 2,9km  
Approximately 4 minutes

Quality Hotel Pond: 5,5 km.  
Approximately 8 minutes

Thon Partner Hotel Sandnes: 8,1 km  
Approximately 11 minutes

### STAGE 2 | MAY 30

Clarion Hotel Air: 72 km.  
Approximately 1h 5 minutes

Quality Airport Hotel Stavanger: 72 km  
Approximately 1h 8 minutes

Quality Hotel Pond: 65 km.  
Approximately 1h 2 minutes

Thon Partner Hotel Sandnes: 64 km  
Approximately 1h 2 minutes

### STAGE 3 | MAY 31

Clarion Hotel Air: 41 km.  
Approximately 36 minutes

Quality Airport Hotel Stavanger: 40 km  
Approximately 35 minutes

Quality Hotel Pond: 39 km.  
Approximately 34 minutes

Thon Partner Hotel Sandnes: 40 km  
Approximately 36 minutes

### STAGE 4 | JUNE 1

Clarion Hotel Air: 14 km.  
Approximately 16 minutes

Quality Airport Hotel Stavanger: 13 km  
Approximately 16 minutes

Quality Hotel Pond: 12 km.  
Approximately 15 minutes

Thon Partner Hotel Sandnes: 13 km  
Approximately 16 minutes

## DISTANCES FROM FINISH TO THE HOTELS

### STAGE 1 | MAY 29

Clarion Hotel Air: 3,5 km.  
Approximately 5 minutes

Quality Airport Hotel Stavanger: 2,9km  
Approximately 4 minutes

Quality Hotel Pond: 5,5 km.  
Approximately 8 minutes

Thon Partner Hotel Sandnes: 8,1 km  
Approximately 11 minutes

### STAGE 2 | MAY 30

Clarion Hotel Air: 38 km.  
Approximately 38 minutes.

Quality Airport Hotel Stavanger: 39 km  
Approximately 38 minutes

Quality Hotel Pond: 32 km.  
Approximately 31 minutes

Thon Partner Hotel Sandnes: 31 km  
Approximately 31 minutes

### STAGE 3 | MAY 31

Clarion Hotel Air: 35 km.  
Approximately 31 minutes.

Quality Airport Hotel Stavanger: 35 km  
Approximately 30 minutes

Quality Hotel Pond: 33 km.  
Approximately 29 minutes

Thon Partner Hotel Sandnes: 35 km  
Approximately 30 minutes

## HOTELS

### MAY 28 - JUNE 1 QUALITY AIRPORT HOTEL STAVANGER

Sømmevegen 1, 4055 Sola

ALPECIN-DECEUNINCK  
INEOS GRENADIERS  
INTERMARCHE-WANTY  
RED BULL - BORA - HANSGROHE  
TEAM PICNIC POSTNL  
TEAM VISMA | LEASE A BIKE  
UAE TEAM EMIRATES  
ISRAEL PREMIER TECH  
LOTTO  
TEAM FLANDERS-BALOISE  
UNIBET TIETEMA ROCKETS  
UNO-X MOBILITY

### MAY 28 - JUNE 1 THON PARTNER HOTEL SANDNES

Roald Amundsens gate 115, 4307 Sandnes

LILLEHAMMER CK  
PROJECT ECHELON RACING  
TEAM COLOQUICK  
TEAM COOP-REPSOL  
NATIONAL TEAM NORWAY

### MAY 28 - JUNE 1 CLARION HOTEL AIR

Utsolaarmen 16, 4055 Sola

COMMISSAIRES  
VELON  
NEUTRAL SERVICE  
POLICE  
DRIVERS  
SAFETY  
MC MARSHALLS  
ROAD SAFETY  
ARENA START  
ARENA FINISH  
ORGANISATION

### MAY 28 - JUNE 1 QUALITY HOTEL POND

Koppholen 17, 4313 Sandnes

MOVICO  
NEP



Photo: Szymon Gruchalski



**Stage 1 / 1. etappe**  
 Thursday 29. May  
 Torsdag 29. mai  
 182,2km

**Stage 4 / 4. etappe**  
 Sunday 01. Juni  
 Søndag 01. juni  
 130km

**Stage 2 / 2. etappe**  
 Friday 30. May  
 Fredag 30. mai  
 208,1km

**Stage 3 / 3. etappe**  
 Saturday 31. May  
 Lørdag 31. mai  
 143,5km

Start town / Startby   
 Finish town / Målby 

  
**IMAP**  
 Copyright: IMAP NORGE AS  
 sveinung@imap.no  
 2025  
 KARTGRUNNLAG:  
 GEODATA AS - STATENS KARTVERK  
 OPEN STREET MAP - IMAP AS  
 CREATED BY  
  
 COPYRIGHT 2025

# STAGE 1

SOLA - SOLA

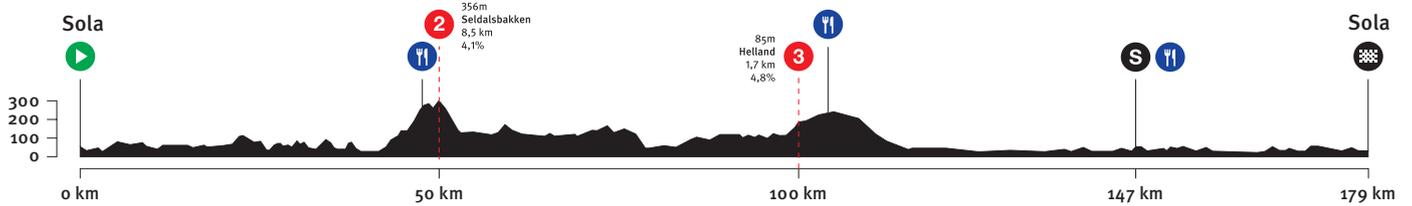
**PPO coordinates:** 58.89676, 5.655340

**Address start and finish line:** Kongshaugvegen 18-16, 4050 Sola

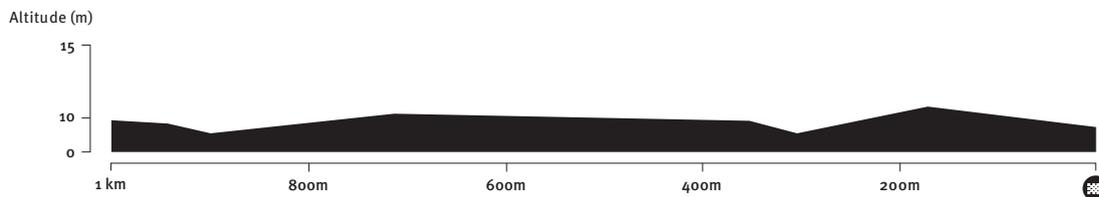
**Finish straight:** 200m flat. Width 6 meters

**GPX files and online maps:** tourofnorway.no

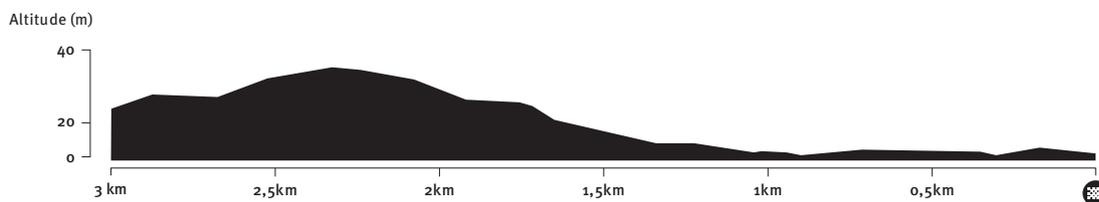
**Race headquarter:** At start.



LAST 1 KM | AVG. 0,1%  
SOLA



LAST 3 KM | AVG. -0,5%  
SOLA

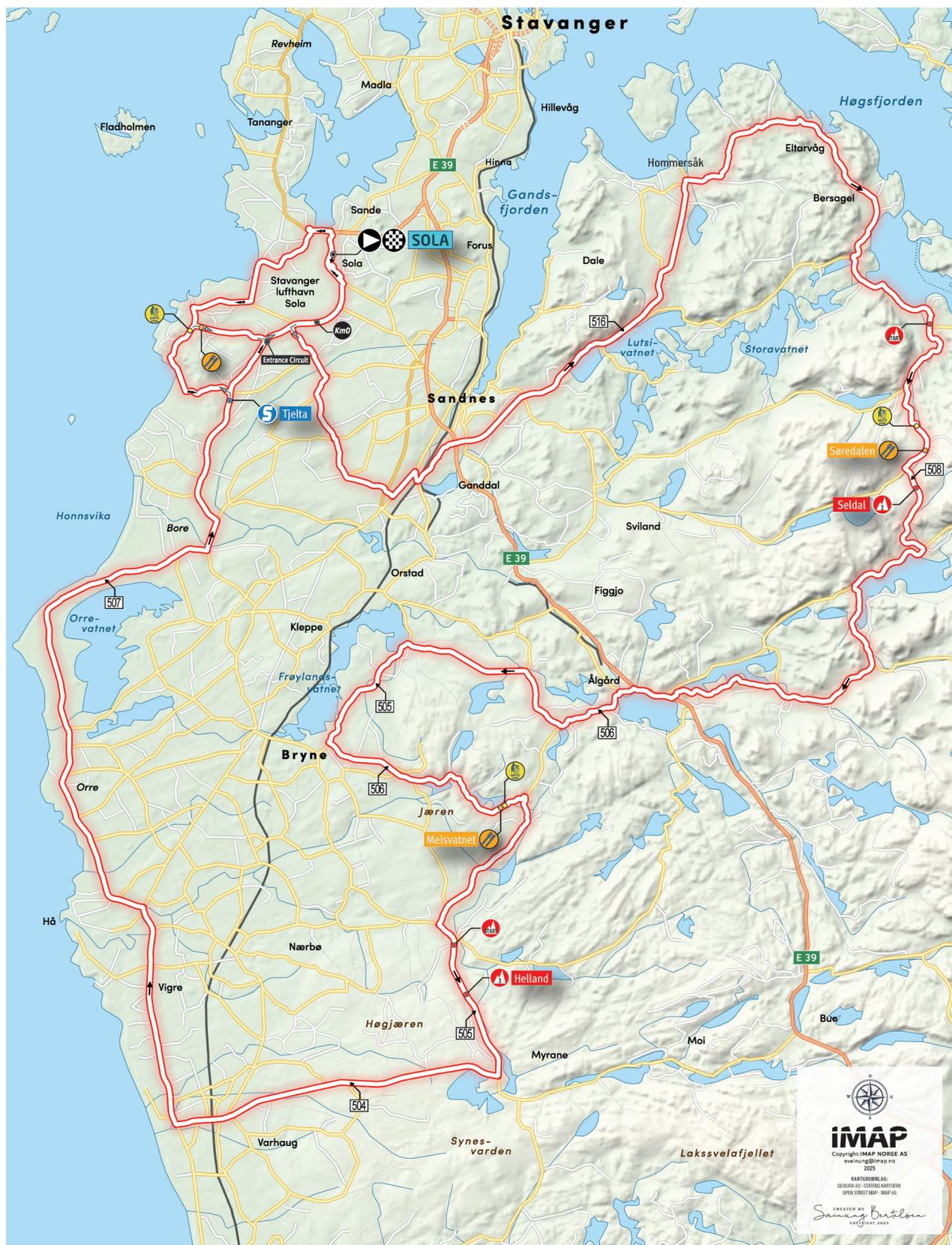


- Sprint
- KOM
- Feeding Zone

# STAGE 1

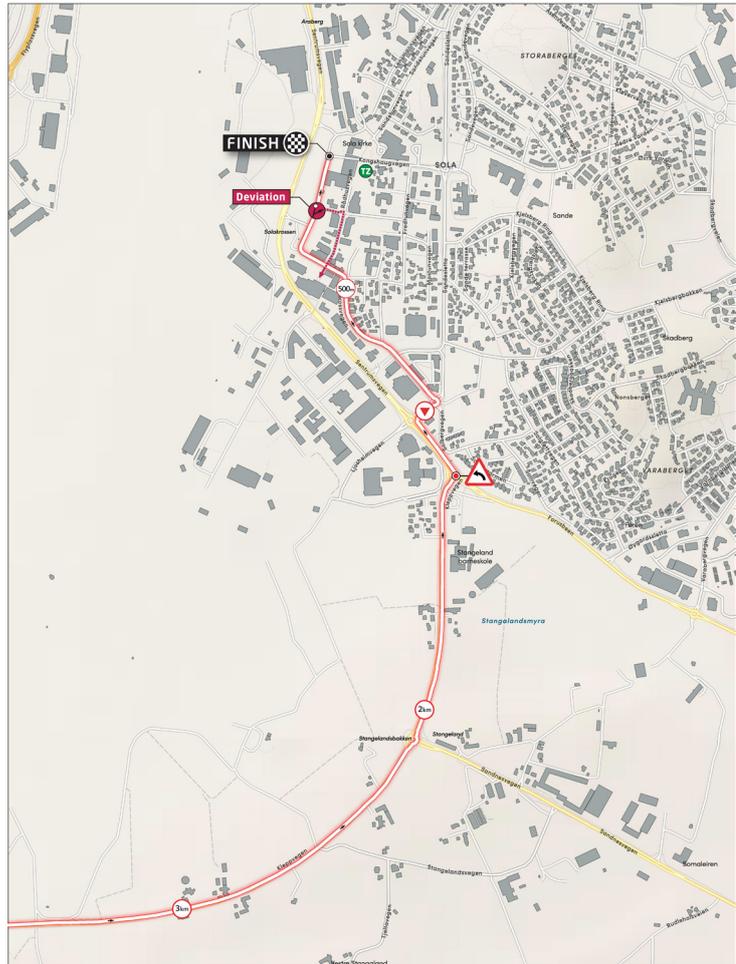
## LANDSCAPE - MAP

179 KM  
SOLA - SOLA  
THURSDAY MAY 29

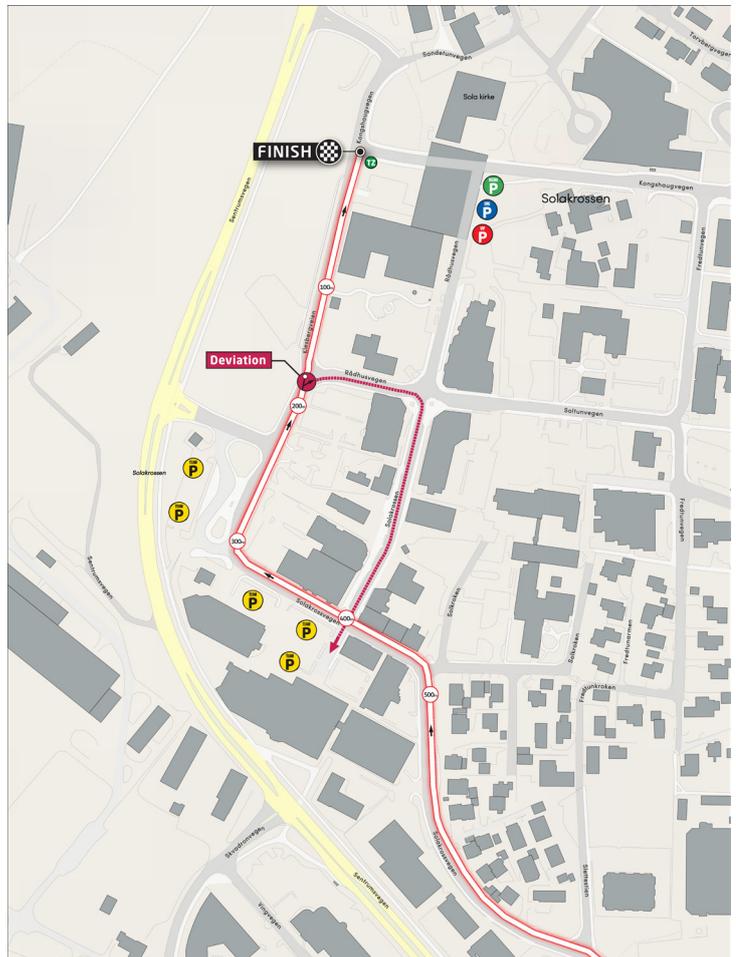


# STAGE 1

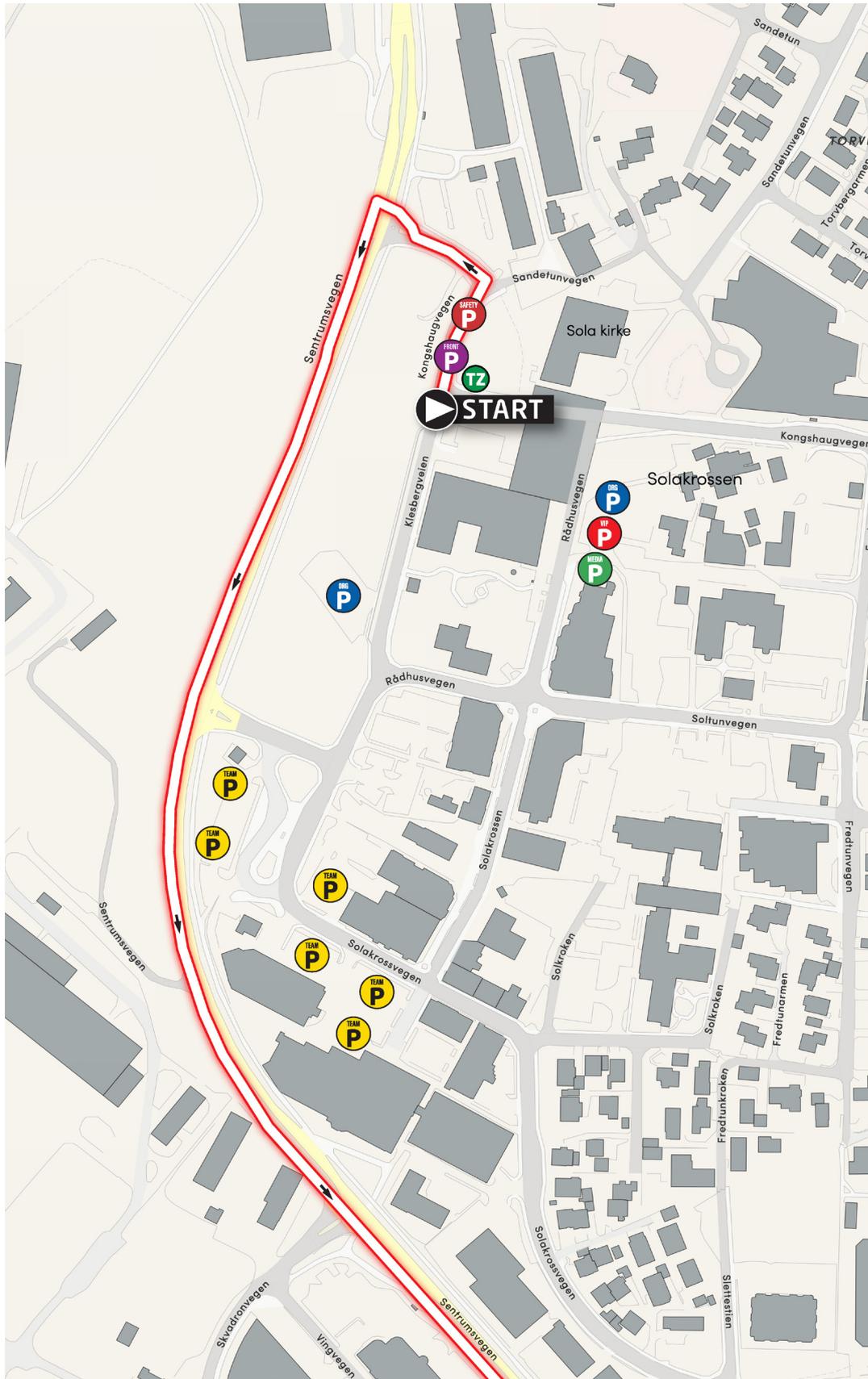
LAST 3KM  
SOLA



FINISH AREA  
SOLA



START AREA  
SOLA



- ALL TEAMS
- PRESS
- INVITED GUESTS
- ORGANISATION
- SAFETY
- FRONT

# STAGE 1

## ITINERARY

PART  
1 of 4

-  Sprint
-  KOM
-  Feeding zone
-  Waste zone

	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End		46 km/h	44 km/h	42 km/h		
	-3,0	182,2	13:45	13:45	13:45		<b>Start Sola</b>
	-2,9	182,2			13:45	Left	Junction KV3670
	-2,8	182,1			13:45	Left	Junction KV360/FV510
	-1,8	181,0			13:45	Second exit	Roundabout FV510
	-1,5	180,8			13:45	First exit	Roundabout FV510
	-0,7	180,0			13:45		Stangeland 1. passing
	-0,7	179,9			13:45	First exit	Roundabout FV510
	0,0	179,2	13:55	13:55	13:55		Official start
	1,2	178,0	13:56	13:56	13:56	Left	Junction FV510/FV4522
	2,6	176,7	13:58	13:58	13:58	Right	Junction FV4522
	2,6	176,6	13:58	13:58	13:58	Left	Junction FV4522/4518
	3,5	175,8	13:59	13:59	13:59	Right	Junction FV4522/FV4512
	5,5	173,8	14:02	14:02	14:02		Speed bump
	5,6	173,6	14:02	14:02	14:02		Speed bump
	5,8	173,4	14:02	14:02	14:03		Speed bump
	5,9	173,3	14:02	14:03	14:03	Left	Junction FV4512/FV4476
	6,0	173,2	14:02	14:03	14:03	Right	Junction FV4476/FV4512
	6,1	173,1	14:02	14:03	14:03		Speed bump
	9,1	170,1	14:06	14:07	14:08		Speed bump
	9,2	170,0	14:07	14:07	14:08	Left	Junction FV4512/FV44
	9,7	169,6	14:07	14:08	14:08	Second exit	Roundabout FV44
	10,4	168,8	14:08	14:09	14:09	First exit	Roundabout FV44
	10,5	168,8	14:08	14:09	14:09		Ganddal
	10,5	168,8	14:08	14:09	14:09		Ganddal
	10,7	168,6	14:08	14:09	14:10		Speed bump
	10,7	168,6	14:08	14:09	14:10		Speed bump
	10,8	168,5	14:09	14:09	14:10	Left	Junction FV505/FV4490
	10,8	168,4	14:09	14:09	14:10		Speed bump
	11,4	167,8	14:09	14:10	14:11		Speed bump
	11,9	167,3	14:10	14:11	14:12	Second exit	Roundabout FV4490
	12,2	167,0	14:10	14:11	14:12		Speed bump
	12,4	166,9	14:11	14:11	14:12	Second exit	Roundabout FV4490
	12,6	166,6	14:11	14:12	14:13	Second exit	Roundabout FV4490
	12,8	166,4	14:11	14:12	14:13	First exit	Roundabout EV39
	14,5	164,8	14:13	14:14	14:15	Austråttunnelen 450m	Attention: Tunnel
	15,7	163,5	14:15	14:16	14:17	Second exit	Roundabout FV516
	15,8	163,5	14:15	14:16	14:17		Vatnekrossen
	17,4	161,8	14:17	14:18	14:19		Speed bump

PART  
2 of 4

	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End		46 km/h	44 km/h	42 km/h		
	17,9	161,4	14:18	14:19	14:20		Speed bump
	21,0	158,2	14:22	14:23	14:25	Straight	Junction FV516/FV4505
	25,4	153,9	14:28	14:29	14:31		Speed bump
	26,0	153,3	14:28	14:30	14:32		Speed bump
	26,1	153,2	14:28	14:30	14:32		Speed bump
	26,3	153,0	14:29	14:30	14:32		Speed bump
	26,3	153,0	14:29	14:30	14:32		Hommersåk
	26,3	153,0	14:29	14:30	14:32	Right	Junction FV516/FV4508
	26,5	152,8	14:29	14:31	14:32		Speed bump
	38,3	140,9	14:44	14:47	14:49	Left	Junction FV4508/4505
	41,9	137,4	14:49	14:52	14:54		Høle
	42,0	137,2	14:49	14:52	14:55	Right	Junction FV4505/KV2050
	42,4	136,8	14:50	14:52	14:55		Speed bump
	42,5	136,7	14:50	14:52	14:55		KOM start - Seldalsbakken
	42,6	136,7	14:50	14:53	14:55	Right	Junction FV4505/FV508
	45,3	133,9	14:54	14:56	14:59	Left	Junction FV508/FV4496
	47,7	131,6	14:57	15:00	15:03		Waste zone
	47,7	131,5	14:57	15:00	15:03		Feed zone
	49,0	130,3	14:58	15:01	15:04	Right	Junction FV508/4498
	<b>49,9</b>	<b>129,4</b>	<b>15:00</b>	<b>15:03</b>	<b>15:06</b>		<b>KOM: Cat 2 - Seldalsbakken</b>
	50,2	129,1	15:00	15:03	15:06		Danger: Fast decent
	52,7	126,6	15:03	15:06	15:10	Right	Junction FV508/FV450
	52,7	126,6	15:03	15:06	15:10		Oltedal
	55,8	123,5	15:07	15:11	15:14	Left	Junction FV450/FV4422
	58,2	121,0	15:10	15:14	15:18		Cattle grid
	59,4	119,9	15:12	15:15	15:19		Cattle grid
	63,7	115,5	15:18	15:21	15:26		Cattle grid
	64,8	114,5	15:19	15:23	15:27		Cattle grid
	67,1	112,1	15:22	15:26	15:30	Right	Junction FV4418/EV39
	68,6	110,7	15:24	15:28	15:32	Third exit	Roundabout EV39
	68,7	110,6	15:24	15:28	15:33		Speed bump
	68,7	110,5	15:24	15:28	15:33		Speed bump
	68,8	110,5	15:24	15:28	15:33		Ålgård
	68,8	110,5	15:24	15:28	15:33		Speed bump
	68,9	110,4	15:24	15:28	15:33		Speed bump
	69,0	110,3	15:24	15:29	15:33		Speed bump
	69,0	110,2	15:25	15:29	15:33		Speed bump
	69,1	110,2	15:25	15:29	15:33		Speed bump
	69,1	110,1	15:25	15:29	15:33	Right	Junction FV506/FV4424
	69,1	110,1	15:25	15:29	15:33		Speed bump
	69,5	109,8	15:25	15:29	15:34		Speed bump

CALCULATED  
TIMES

	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End		46 km/h	44 km/h	42 km/h		
⚠	69,5	109,7	15:25	15:29	15:34		Speed bump
	69,7	109,6	15:25	15:30	15:34		Speed bump
	69,7	109,5	15:25	15:30	15:34		Speed bump
	69,8	109,4	15:26	15:30	15:34		Speed bump
	71,8	107,4	15:28	15:32	15:37	Right	Junction FV506FV4426
	74,3	104,9	15:31	15:36	15:41	Left	Junction FV4426
	74,3	104,9	15:31	15:36	15:41	Left	Junction FV4426
⚠	78,0	101,3	15:36	15:41	15:46		Speedbump
	78,7	100,6	15:37	15:42	15:47	Second exit	Roundabout FV505
	78,7	100,5	15:37	15:42	15:47		Kvernaland
	83,4	95,9	15:43	15:48	15:54	Left	Junction FV505/FV506
⚠	87,3	91,9	15:48	15:54	15:59		Cattle Grid
⚠	88,4	90,9	15:50	15:55	16:01		Cattle Grid
♻️	90,7	88,5	15:53	15:58	16:04		Waste Zone
🍴	90,8	88,5	15:53	15:58	16:04		Feed Zone
	91,6	87,6	15:54	15:59	16:05	Right	Junction FV506/FV4428
⚠	97,1	82,2	16:01	16:07	16:13		Speed bump
⚠	97,2	82,1	16:01	16:07	16:13		Speed bump
	97,5	81,7	16:02	16:07	16:14	Right	Junction FV4428/FV505
⚠	97,5	81,7	16:02	16:08	16:14		Speed bump
	97,7	81,6	16:02	16:08	16:14		Speed bump
	97,8	81,5	16:02	16:08	16:14		Speed bump
	97,9	81,3	16:02	16:08	16:14		Speed bump
	98,0	81,2	16:02	16:08	16:15		Speed bump
	98,1	81,1	16:02	16:08	16:15	Second exit	Roundabout FV505
	98,1	81,1	16:02	16:08	16:15		Undheim
	98,3	81,0	16:03	16:09	16:15		KOM start - Helland
🚧	99,9	79,3	16:05	16:11	16:17		<b>KOM: Cat 3 - Helland</b>
	103,4	75,8	16:09	16:16	16:22	Right	Junction FV505/504
	113,1	66,2	16:22	16:29	16:36	Second exit	Rundabout FV504
⚠	113,6	65,7	16:23	16:29	16:37		Speed bump
⚠	113,7	65,6	16:23	16:29	16:37		Speed bump
	113,8	65,4	16:23	16:30	16:37		Varhaug
⚠	113,9	65,4	16:23	16:30	16:37		Speed bump
	115,0	64,2	16:25	16:31	16:39	Right	Junction FV504/FV44
	122,8	56,4	16:35	16:42	16:50	Left	Junction FV44/507
	132,3	46,9	16:47	16:55	17:04		Orrevatnet
S	140,7	38,5	16:58	17:06	17:16	Left	Junction FV507/FV510
	146,8	32,5	17:06	17:15	17:24		<b>Sprint - Tjelta</b>
	146,9	32,4	17:06	17:15	17:24		Tjelta 1. passing
	146,9	32,4	17:06	17:15	17:24	Third exit	Roundabout FV510
	151,4	27,9	17:12	17:21	17:31		Ølberg 1. passing

	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End	46 km/h	44 km/h	42 km/h			
	151,4	27,8	17:12	17:21	17:31		Waste Zone
	151,5	27,8	17:12	17:21	17:31		Feed Zone
	152,1	27,2	17:13	17:22	17:32		Speed bump
	152,2	27,1	17:13	17:22	17:32		Speed bump
	152,3	27,0	17:13	17:22	17:32		Speed bump
	153,9	25,3	17:15	17:24	17:34	Third exit	Roundabout FV4518
	154,0	25,2	17:15	17:25	17:35		Circuit entrance
	156,9	22,4	17:19	17:28	17:39	Second exit	Roundabout FV510
	156,9	22,4	17:19	17:28	17:39		Stangeland 2. passing
	157,7	21,6	17:20	17:30	17:40	Second exit	Roundabout FV510
	157,9	21,3	17:20	17:30	17:40	Right	Junction FV510/KV5730
	158,0	21,2	17:21	17:30	17:40	Third exit	Roundabout KV6420
	<b>159,0</b>	<b>20,3</b>	<b>17:22</b>	<b>17:31</b>	<b>17:42</b>		<b>Finish line - passing - Sola</b>
	159,1	20,1	17:22	17:31	17:42	Right	Junction FV510/KV3670
	159,5	19,7	17:23	17:32	17:42	First exit	Roundabout FV510
	159,7	19,5	17:23	17:32	17:43	Second exit	Roundabout RV509
	159,9	19,4	17:23	17:33	17:43	Third exit	Roundabout RV509
	159,9	19,3	17:23	17:33	17:43		Solasplitten
	160,6	18,6	17:24	17:34	17:44	Right	Junction RV509
	161,5	17,7	17:25	17:35	17:45	Second exit	Roundabout RV509
	162,1	17,1	17:26	17:36	17:46	First exit	Roundabout RV509
	162,1	17,1	17:26	17:36	17:46		Sola Airport
	162,3	16,9	17:26	17:36	17:46	Second exit	Roundabout FV4524
	164,8	14,5	17:29	17:39	17:50	First exit	Roundabout FV4524
	166,9	12,4	17:32	17:42	17:53	Left	Junction FV4520
	166,9	12,4	17:32	17:42	17:53	Left	Junction FV4520
	167,5	11,7	17:33	17:43	17:54	Left	Junction FV4520/FV4518
	167,5	11,7	17:33	17:43	17:54		Ølberg 2. passing
	172,0	7,2	17:39	17:49	18:00	Third exit	Roundabout FV4518/FV510
	174,2	5,0	17:42	17:52	18:03	Second exit	Roundabout FV510
	177,1	2,1	17:46	17:56	18:08	Second exit	Roundabout FV510
	177,2	2,1	17:46	17:56	18:08		Stangeland 3. passing
	178,0	1,3	17:47	17:57	18:09	Second exit	Roundabout FV510
	178,2	1,0	17:47	17:58	18:09	Right	Junction FV510/KV5730
	178,3	1,0	17:47	17:58	18:09	Third exit	Roundabout KV6470
	<b>179,2</b>	<b>0,0</b>	<b>17:48</b>	<b>17:59</b>	<b>18:11</b>		<b>Finish Sola</b>



Photo: Szymon Gruchalski



## STAGE 2

EGERSUND - OLTEDAL

**PPO coordinates:** 58.460398, 6.003366

**Address start line:** Strandgaten, 4370 Egersund

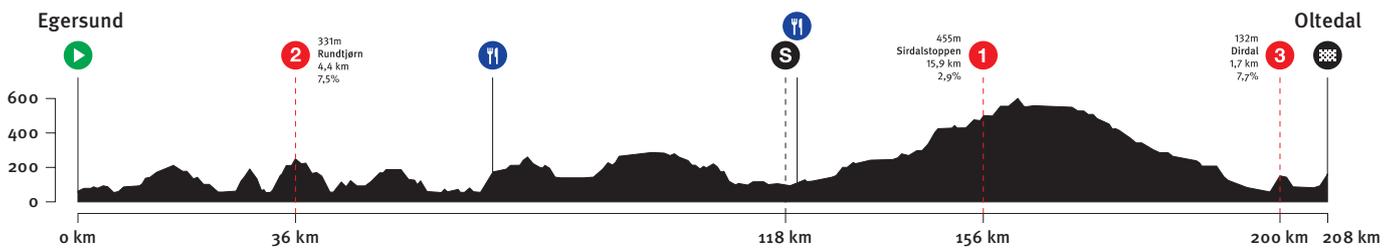
**Address finish line:** Bygdaveien 4, 4333 Oltedal

**Off race route:** Follow RV426 to E39. Follow E39 and take a right onto FV450 before Ålgård.

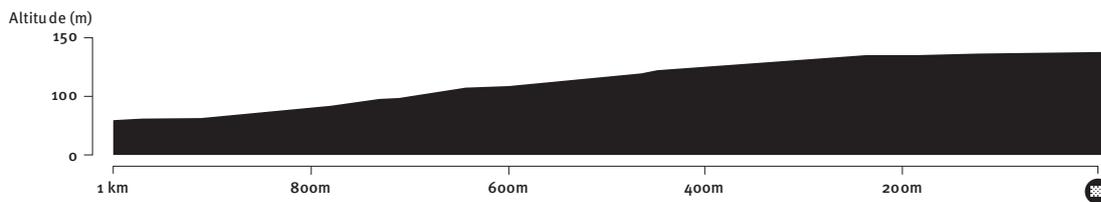
**Finish straight:** 180 meters, slightly uphill. Width 5 meters.

**GPX files and online maps:** tourofnorway.no

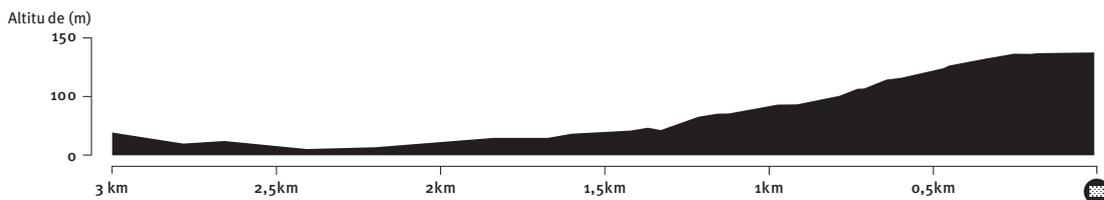
**Race headquarter:** At start.



LAST 1 KM | AVG. 6,1%  
OLTEDAL



LAST 3 KM | AVG. 3,6%  
OLTEDAL

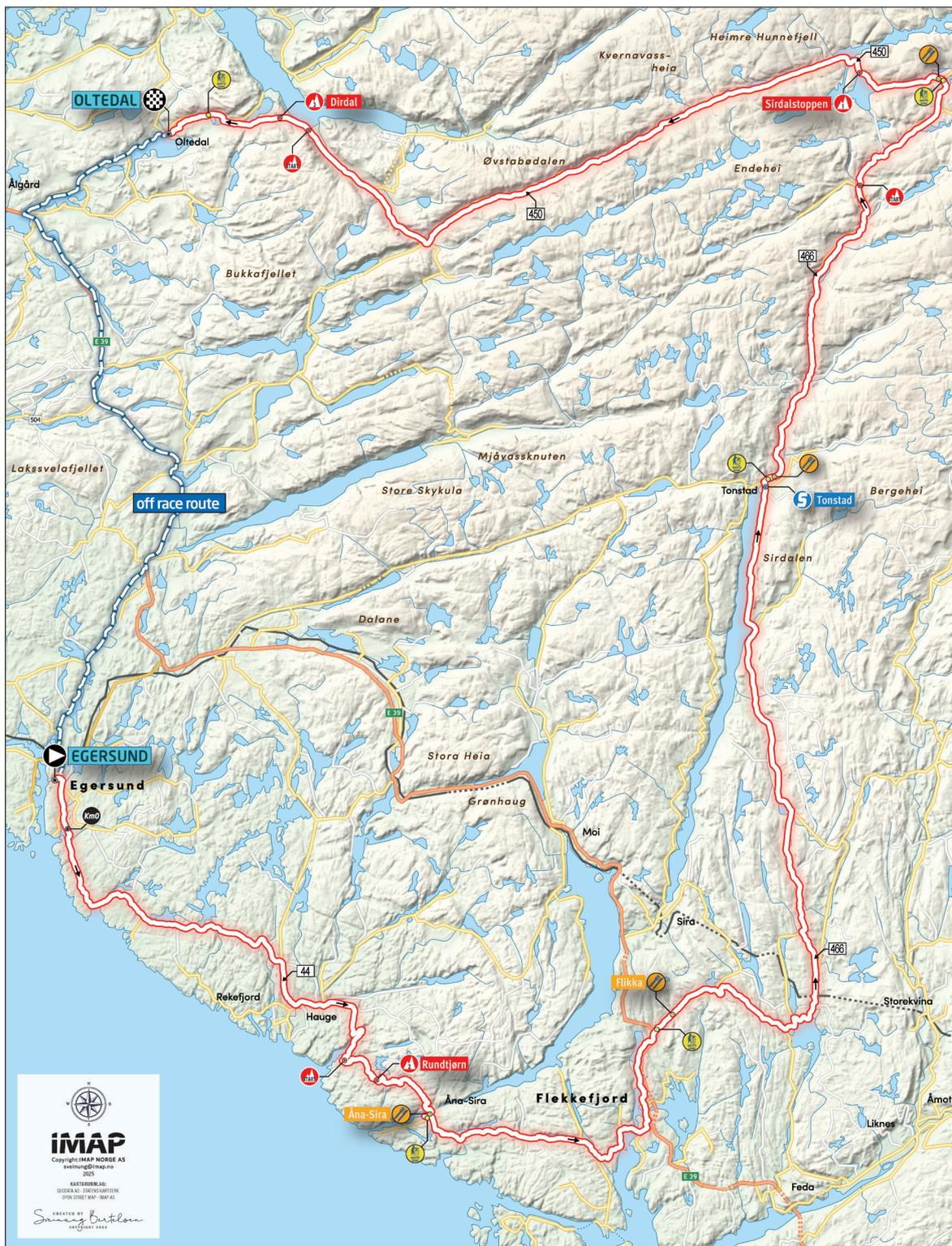


- Sprint
- KOM
- Feeding Zone

## STAGE 2

### LANDSCAPE - MAP

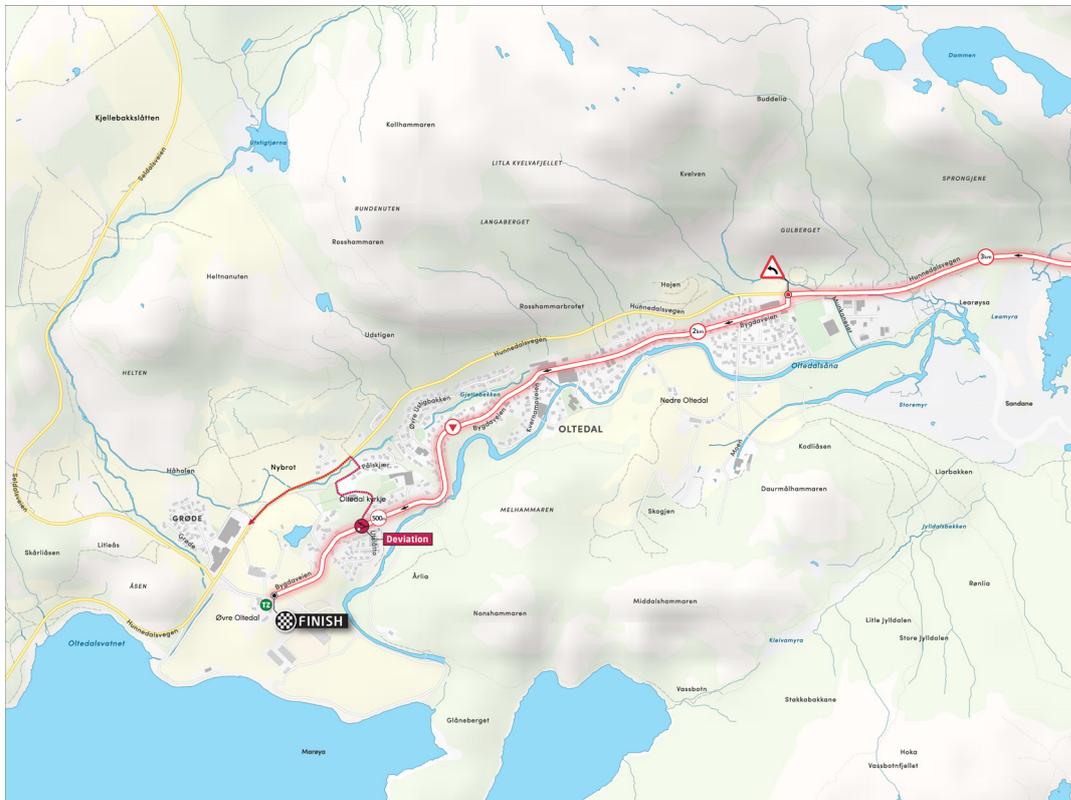
208 KM  
EGERSUND - OLTEDAL  
FRIDAY MAY 30



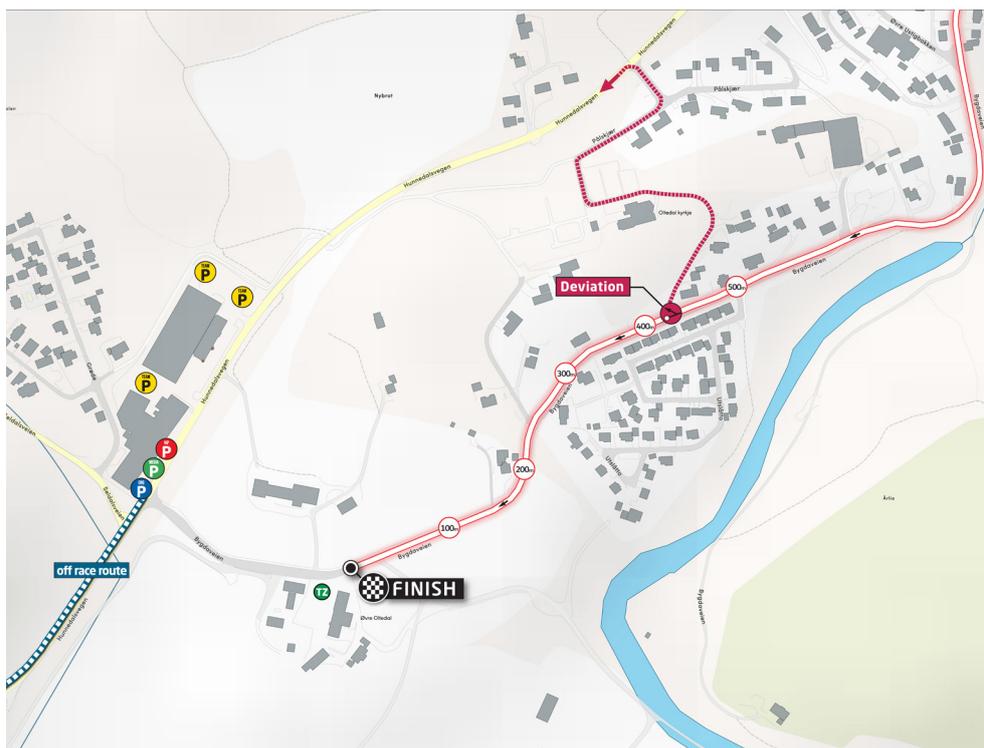
## STAGE 2

EGERSUND - OLTEDAL

LAST 3KM  
OLTEDAL



FINISH AREA  
OLTEDAL



START AREA  
EGERSUND



-  ALL TEAMS
-  PRESS
-  INVITED GUESTS
-  ORGANISATION
-  SAFETY
-  FRONT

# STAGE 2

## ITINERARY

PART  
1 of 2

-  Sprint
-  KOM
-  Feeding zone
-  Waste zone

	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End		42 km/h	40 km/h	38 km/h		
	-3,5	211,7	12:30	12:30	12:30		<b>Egersund</b>
	-3,4	211,6				First exit	Roundabout FV44
	-3,1	211,2				First exit	Roundabout FV44
	<b>0,0</b>	<b>208,1</b>	<b>12:45</b>	<b>12:45</b>	<b>12:45</b>		
	23,2	184,9	13:18	13:19	13:21		Hauge i Dalane
	23,7	184,5	13:18	13:20	13:22		Speed bump
	23,9	184,2	13:19	13:20	13:22		Speed bump
	23,9	184,2	13:19	13:20	13:22	Second exit	Roundabout FV44
	24,0	184,2	13:19	13:20	13:22		Speed bump
	24,6	183,6	13:20	13:21	13:23		Speed bump
	29,3	178,8	13:26	13:28	13:31		Attention: Tunnel
	31,8	176,4	13:30	13:32	13:35		Jøssingfjord
	31,9	176,3	13:30	13:32	13:35		KOM start - Rundtjørn
	36,2	171,9	13:36	13:39	13:42		KOM: Cat 2 - Rundtjørn
	42,2	165,9	13:45	13:48	13:51		Åna-Sira
	42,3	165,9	13:45	13:48	13:51		Attention: Narrow bridge
	42,3	165,8	13:45	13:48	13:51		Entering Agder County
	42,8	165,4	13:46	13:49	13:52		
	42,8	165,4	13:46	13:49	13:52		
	59,7	148,4	14:10	14:14	14:19		Speed bump
	59,9	148,3	14:10	14:14	14:19		Speed bump
	59,9	148,2	14:10	14:14	14:19		Flekkefjord
	60,0	148,2	14:10	14:14	14:19		Speed bump
	60,3	147,9	14:11	14:15	14:20		Speed bump
	60,4	147,7	14:11	14:15	14:20		Speed bump
	60,5	147,6	14:11	14:15	14:20		Speed bump
	61,0	147,1	14:12	14:16	14:21	Left	Junction FV44/FV4152
	61,4	146,7	14:12	14:17	14:21		Speed bump
	67,0	141,2	14:20	14:25	14:30	Right	Junction FV4152
	67,6	140,6	14:21	14:26	14:31	Straight	Junction FV4152/E39/FV466
	67,6	140,6	14:21	14:26	14:31		E39 crossing
	69,0	139,2	14:23	14:28	14:33		
	69,0	139,1	14:23	14:28	14:34		
	82,1	126,0	14:42	14:48	14:54		Speed bump
	82,3	125,8	14:42	14:48	14:55		Speed bump
	82,5	125,6	14:42	14:48	14:55		Speed bump
	82,9	125,2	14:43	14:49	14:55		Speed bump
	83,1	125,1	14:43	14:49	14:56		Speed bump
	83,2	124,9	14:43	14:49	14:56		Speed bump
	83,3	124,8	14:44	14:49	14:56		Speed bump

PART  
2 of 2CALCULATED  
TIMES

KM

From Zero  
to End42  
km/h40  
km/h38  
km/h

DIRECTION

DESCRIPTION

	From Zero to End	42 km/h	40 km/h	38 km/h	DIRECTION	DESCRIPTION
	83,4	124,7	14:44	14:50	14:56	Speed bump
	95,8	112,4	15:01	15:08	15:16	Left Junction FV466/FV42
	108,4	99,8	15:19	15:27	15:36	Speed bump
	108,6	99,5	15:20	15:27	15:36	Speed bump
	109,9	98,2	15:22	15:29	15:38	Attention: Tunnel - Bjørkås tunnelen 1300 m
	112,7	95,4	15:26	15:34	15:43	Attention: Tunnel - Gåshellertunnelen 1330 m
	117,5	90,7	15:32	15:41	15:50	Speed bump
	117,5	90,6	15:32	15:41	15:50	Tonstad
	<b>117,7</b>	<b>90,4</b>	<b>15:33</b>	<b>15:41</b>	<b>15:50</b>	<b>Sprint: Tonstad</b>
	118,0	90,1	15:33	15:42	15:51	Speed bump
	118,2	90,0	15:33	15:42	15:51	Speed bump
	118,7	89,5	15:34	15:42	15:52	Speed bump
	118,7	89,4	15:34	15:43	15:52	Waste Zone
	118,8	89,4	15:34	15:43	15:52	Speed bump
	119,0	89,2	15:34	15:43	15:52	Speed bump
	119,2	89,0	15:35	15:43	15:53	Speed bump
	119,6	88,5	15:35	15:44	15:53	Feed Zone
	140,6	67,5	16:05	16:15	16:27	KOM start - Sirdalstoppen
	142,6	65,5	16:08	16:18	16:30	Dorgefossen
	150,0	58,1	16:19	16:30	16:41	Second exit Roundabout FV468
	150,2	57,9	16:19	16:30	16:42	Sinnes
	150,6	57,6	16:20	16:30	16:42	Feed Zone
	150,6	57,6	16:20	16:30	16:42	Waste Zone
	<b>156,4</b>	<b>51,8</b>	<b>16:28</b>	<b>16:39</b>	<b>16:51</b>	<b>KOM: Cat 1 - Sirdalstoppen</b>
	166,8	41,4	16:43	16:55	17:08	Entering Rogaland County
	187,7	20,4	17:13	17:26	17:41	Byrkjedalstunet
	189,6	18,5	17:15	17:29	17:44	Attention: Tunnel - Giljajuvet 600 m
	190,7	17,4	17:17	17:31	17:46	Attention: Tunnel - Skredlitunnelen 350 m
	192,8	15,3	17:20	17:34	17:49	Gilja
	198,0	10,2	17:27	17:41	17:57	Dirdal
	198,3	9,8	17:28	17:42	17:58	KOM start - Dirdal
	198,9	9,3	17:29	17:43	17:58	Attention: Tunnel - Røyrdalen tunnel 720 m
	<b>200,1</b>	<b>8,1</b>	<b>17:30</b>	<b>17:45</b>	<b>18:00</b>	<b>KOM: Cat 3 - Dirdal</b>
	205,8	2,4	17:38	17:53	18:09	Left Junction FV450/KV1130
	205,8	2,3	17:39	17:53	18:09	Right Junction KV1130
	206,0	2,2	17:39	17:53	18:10	Speed bump
	206,0	2,1	17:39	17:54	18:10	Waste Zone
	206,6	1,5	17:40	17:54	18:11	Speed bump
	207,3	0,9	17:41	17:55	18:12	Speed bump
	207,7	0,5	17:41	17:56	18:12	Speed bump
	<b>208,1</b>	<b>0,0</b>	<b>17:42</b>	<b>17:57</b>	<b>18:13</b>	<b>Finish Oltedal</b>





# STAGE 3

JØRPELAND - HEIA

**PPO coordinates:** 59.024035, 6.043349

**Address start:** Rådhusgaten 22-20, 4100 Jørpeland

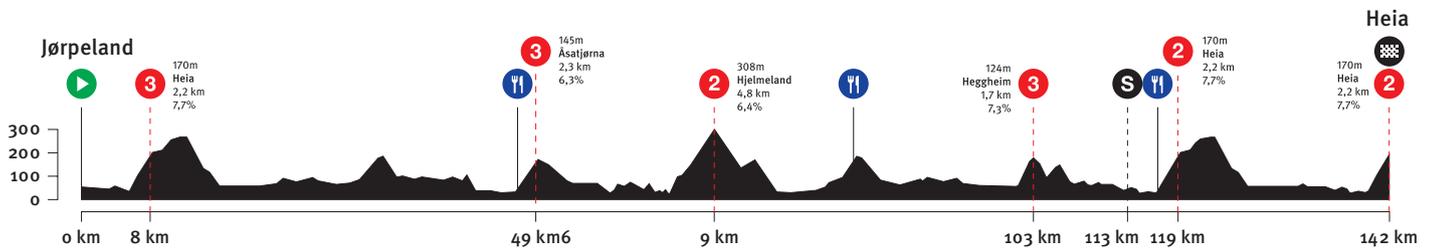
**Address finish line:** Heiabakkane, 4121 Tau

**Off race route:** Drive towards Tau. Take a right turn up Kyrkjebakken and continue to Nesvegen. Parking in Nesvegen starting from the finish area.

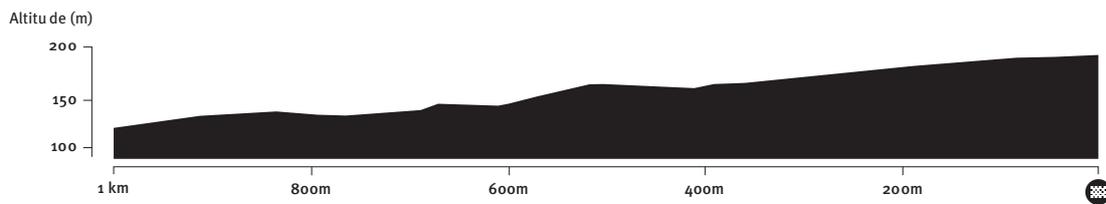
**Finish straight:** Uphill, width: 3,5 meters

**GPX files and online maps:** tourofnorway.no

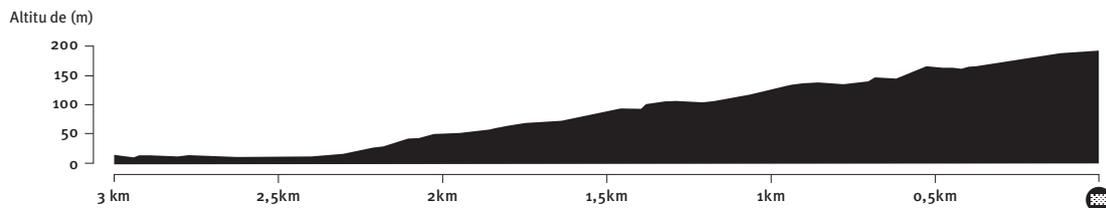
**Race headquarter:** At start.



LAST 1 KM | AVG. 7,1%  
HEIA



LAST 3 KM | AVG. 5,1%  
HEIA

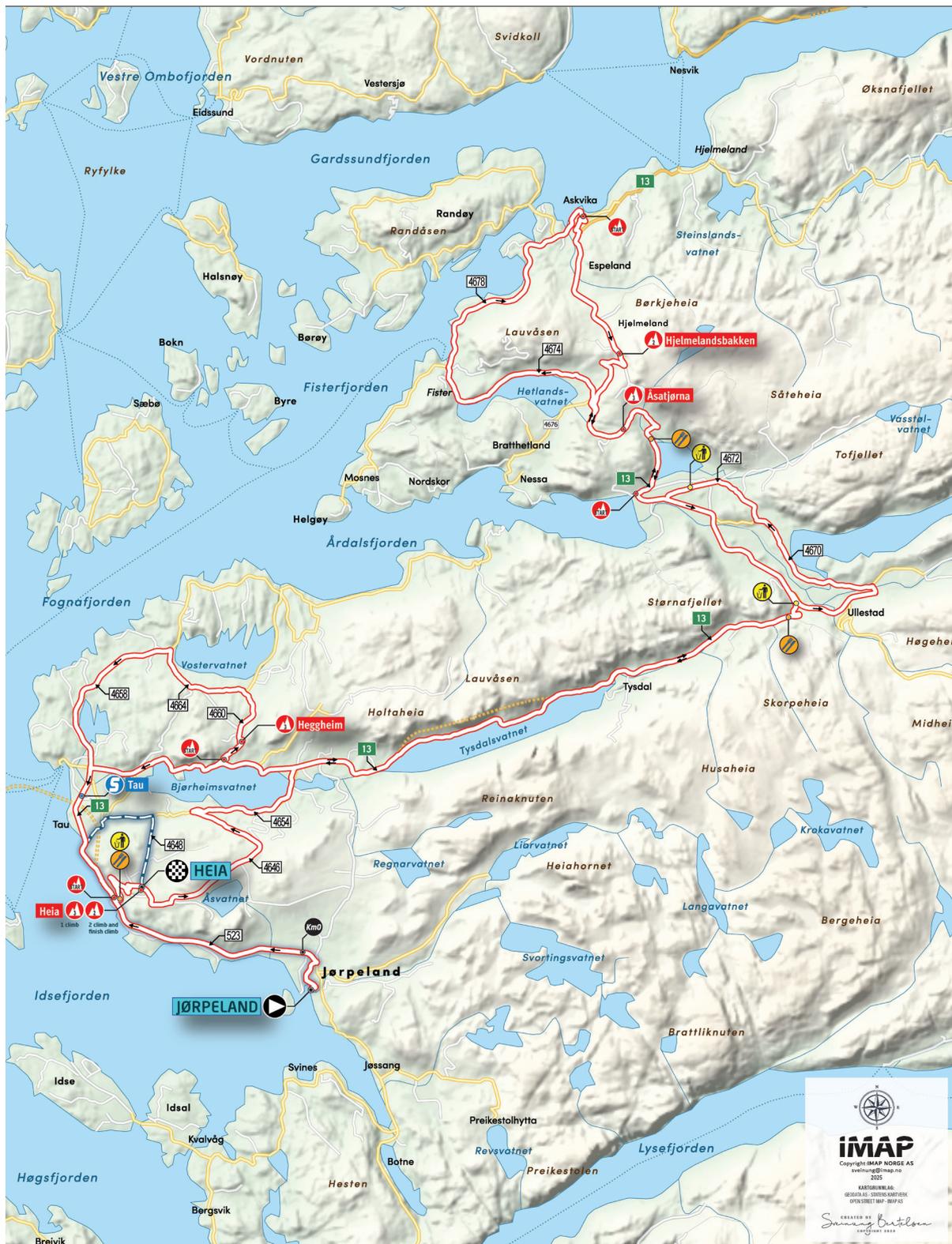


- Sprint
- KOM
- Feeding Zone

## STAGE 3

### LANDSCAPE - MAP

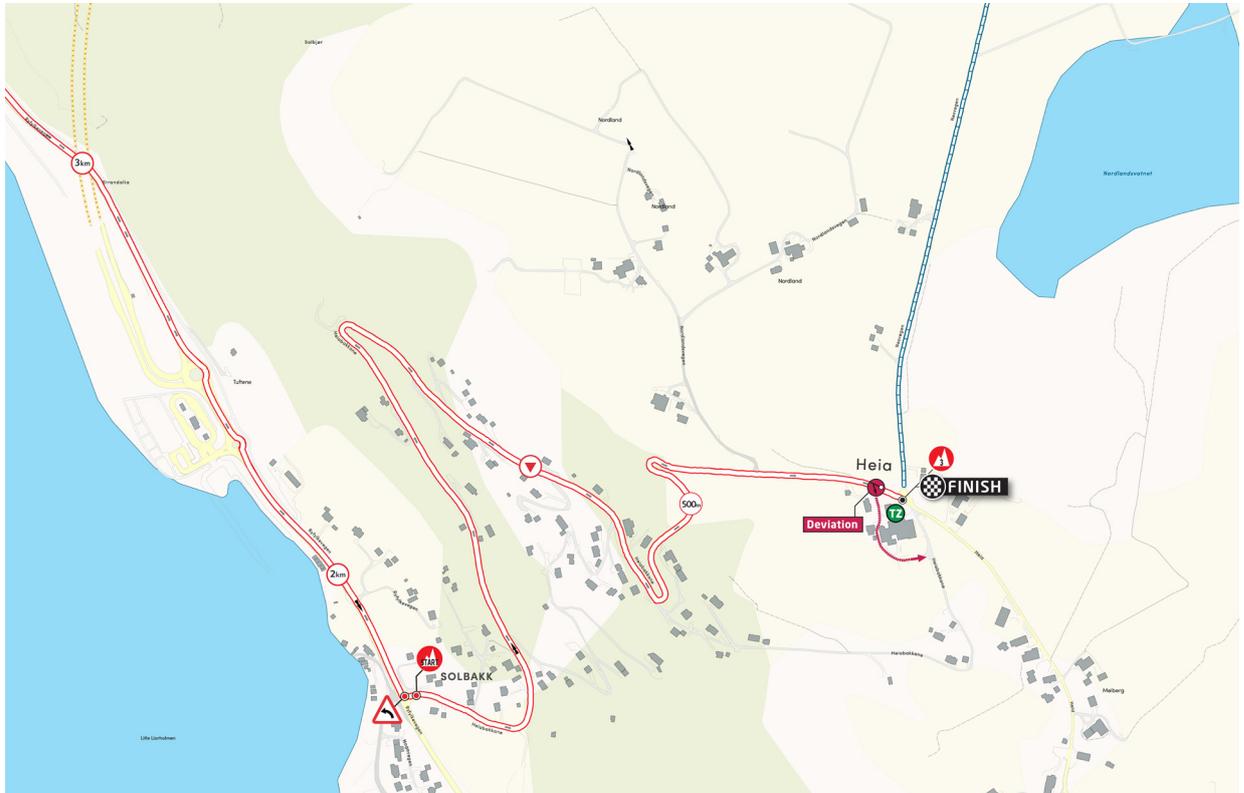
141,6 KM  
JØRPELAND - HEIA  
SATURDAY MAY 31



# STAGE 3

JØRPELAND - HEIA

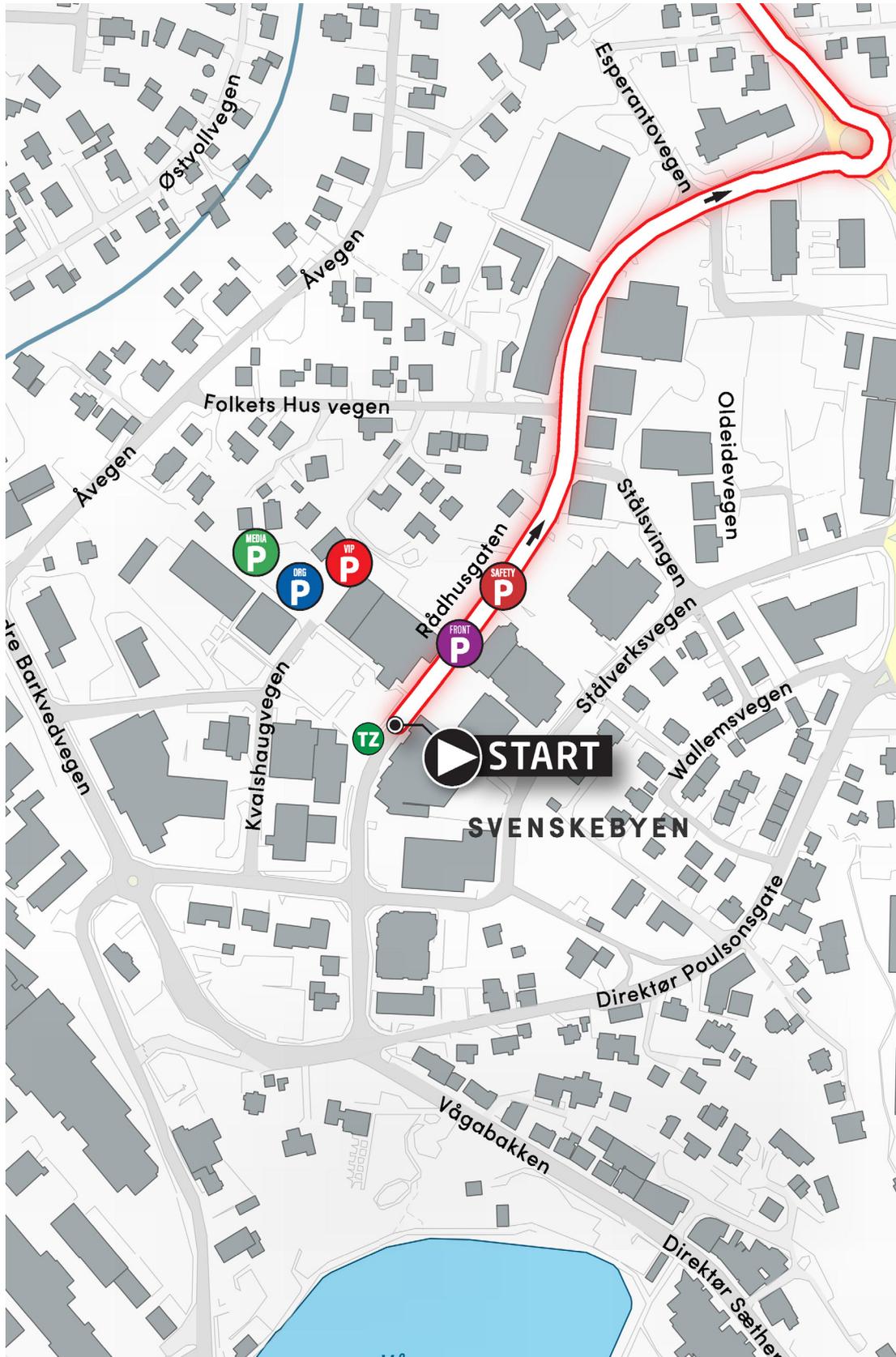
LAST 3KM  
HEIA



FINISH AREA  
HEIA



START AREA  
JØRPELAND



-  ALL TEAMS
-  PRESS
-  INVITED GUESTS
-  ORGANISATION
-  SAFETY
-  FRONT

# STAGE 3 ITINERARY

PART  
1 of 3

-  Sprint
-  KOM
-  Feeding zone
-  Waste zone

	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End		46 km/h	44 km/h	42 km/h		
	-1,2	<b>142,2</b>	<b>14:30</b>	<b>14:30</b>	<b>14:30</b>		<b>Start: Jørpeland</b>
	-0,8	141,8			14:30	Third exit	Roundabout FV523
	0,0	140,9	14:45	14:45	14:45		Official start
	5,6	135,4	14:52	14:52	14:52	Right	Junction FV523/FV4646
	5,6	135,4	14:52	14:52	14:52		Solbakk: 1. passing
	5,6	135,3	14:52	14:52	14:52		
	7,9	133,1	14:55	14:55	14:56		KOM: Cat 3 - Heia
	9,0	131,9	14:56	14:57	14:57	Left	Junction FV4646
	12,2	128,7	15:00	15:01	15:02		Attention: Fast Decent
	<b>14,2</b>	<b>126,7</b>	<b>15:03</b>	<b>15:04</b>	<b>15:05</b>	<b>Right</b>	<b>Junction FV4646/FV4654</b>
	17,4	123,5	15:07	15:08	15:09		Attention: Narrow Bridge
	17,9	123,0	15:08	15:09	15:10		Bjørheimsbygd: First passing
	17,9	123,0	15:08	15:09	15:10	Right	Junction FV4654/RV13
	21,0	119,9	15:12	15:13	15:14	Right	Junction RV13
	26,2	114,7	15:19	15:20	15:22	Right	Junction RV13
	34,4	106,5	15:29	15:31	15:34	Right	Junction RV13/FV4668
	37,2	103,8	15:33	15:35	15:38	Left	Junction FV4668
	37,3	103,6	15:33	15:35	15:38		Attention: Narrow bridge
	37,4	103,5	15:33	15:35	15:38	Left	Junction FV4668/FV4670
	41,6	99,4	15:39	15:41	15:44	Right	Junction FV4670/FV4672
	43,2	97,7	15:41	15:43	15:46	Left	Junction FV4672
	43,9	97,0	15:42	15:44	15:47		Waste Zone
	44,4	96,6	15:42	15:45	15:48		Speed bump
	44,8	96,1	15:43	15:46	15:49	Right	Junction FV4672/RV13
	44,8	96,1	15:43	15:46	15:49		Årdal: First passing
	45,7	95,2	15:44	15:47	15:50	Right	Junction RV13
	47,3	93,6	15:46	15:49	15:52		Start KOM Åsatjørna
	47,6	93,3	15:47	15:49	15:53		Feed Zone
	<b>49,5</b>	<b>91,5</b>	<b>15:49</b>	<b>15:52</b>	<b>15:55</b>		<b>KOM: Cat 3 - Åsatjørna</b>
	51,2	89,8	15:51	15:54	15:58		Fisterkrossen: First passing
	51,2	89,7	15:51	15:54	15:58	Left	Junction RV13/FV4674
	56,9	84,0	15:59	16:02	16:06		Speed bump
	57,0	83,9	15:59	16:02	16:06		Fister
	63,2	77,8	16:07	16:11	16:15		Attention: Narrow Bridge
	64,1	76,9	16:08	16:12	16:16	Right	Junction FV4678/KV1000
	64,1	76,8	16:08	16:12	16:16		Start KOKM Hjelmelandsbakken
	64,1	76,8	16:08	16:12	16:16		Speed bump
	64,9	76,1	16:09	16:13	16:17	Right	Junction KV1000/RV13

	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End		46 km/h	44 km/h	42 km/h		
	64,9	76,1	16:09	16:13	16:17		Hjelmeland Samfunnshus
	<b>68,6</b>	<b>72,3</b>	<b>16:14</b>	<b>16:18</b>	<b>16:23</b>		<b>KOM: Cat 2 - Hjelmelandsbakken</b>
	71,6	69,3	16:18	16:22	16:27	Straight	Junction RV13/FV4674
	71,6	69,3	16:18	16:22	16:27		Fisterkrossen: Second passing
	77,1	63,9	16:25	16:30	16:35	Left	Junction RV13
	78,0	63,0	16:26	16:31	16:36	Straight	Junction RV13/FV4672
	78,0	63,0	16:26	16:31	16:36		Årdal: Second passing
	79,5	61,4	16:28	16:33	16:38		Narrow bridge
	82,7	58,3	16:32	16:37	16:43	Straight	Junction RV13/FV4668
	82,9	58,1	16:33	16:37	16:43		Waste Zone
	83,8	57,2	16:34	16:39	16:44		Feed Zone
	90,9	50,0	16:43	16:48	16:54	Left	Junction RV13
	96,1	44,8	16:50	16:56	17:02	Left	Junction RV 13
	99,1	41,8	16:54	17:00	17:06	Straight	Junction RV13/FV4654
	99,2	41,8	16:54	17:00	17:06		Bjørheimsbygd: Second passing
	101,5	39,4	16:57	17:03	17:10	Right	Junction RV13/FV4660
	101,6	39,3	16:57	17:03	17:10		Start KOM Heggheim
	<b>103,1</b>	<b>37,9</b>	<b>16:59</b>	<b>17:05</b>	<b>17:12</b>		<b>KOM: Cat 3 - Heggheim</b>
	104,6	36,3	17:01	17:07	17:14	Left	Junction FV4660/FV4664
	105,9	35,1	17:03	17:09	17:16	Straight	Junction FV4664/KV1058
	106,3	34,7	17:03	17:09	17:16	Straight	Junction FV4664/KV1083
	107,3	33,6	17:05	17:11	17:18	Left	Junction FV4664/FV4658
	112,5	28,5	17:11	17:18	17:25	Second exit	Roundabout FV4658/RV13
	112,5	28,4	17:11	17:18	17:25		Tau: 1. passing
	<b>113,4</b>	<b>27,5</b>	<b>17:12</b>	<b>17:19</b>	<b>17:26</b>		<b>Sprint</b>
	113,5	27,4	17:13	17:19	17:27		Speed bump
	116,0	25,0	17:16	17:23	17:30	Second exit	Roundabout RV13
	116,1	24,8	17:16	17:23	17:30	Second exit	Roundabout RV13
	116,3	24,6	17:16	17:23	17:31		Waste Zone
	116,6	24,4	17:17	17:23	17:31		Solbakk: 2. passing
	116,6	24,4	17:17	17:23	17:31	Left	Junction RV13/FV4646
	116,6	24,3	17:17	17:23	17:31		Start KOM Heia
	116,9	24,1	17:17	17:24	17:31		Feed Zone
	<b>118,9</b>	<b>22,1</b>	<b>17:20</b>	<b>17:27</b>	<b>17:34</b>		<b>KOM: Cat 2 - Heia</b>
	120,0	20,9	17:21	17:28	17:36	Left	Junction FV4646/FV
	125,2	15,7	17:28	17:35	17:43	Right	Junction FV4646/FV4654
	128,9	12,0	17:33	17:40	17:49	Left	Junction FV4654/RV13
	129,0	12,0	17:33	17:40	17:49		Bjørheimsbygd: Third passing
	131,3	9,6	17:36	17:44	17:52		Junction RV13/FV4660

From Zero to End	KM	CALCULATED TIMES		
		46 km/h	44 km/h	42 km/h

	135,2	5,8	17:41	17:49	17:58	Third exit	Roundabout RV13
	135,2	5,7	17:41	17:49	17:58		Tau: 2. passing
	136,9	4,1	17:43	17:51	18:00		Speed bump
	138,7	2,2	17:45	17:54	18:03	Second exit	Roundabout RV13
	138,8	2,1	17:46	17:54	18:03	Second exit	Roundabout RV13
	139,1	1,9	17:46	17:54	18:03		Waste Zone
	139,3	1,6	17:46	17:54	18:03	Left	Junction RV13/FV4646
	139,3	1,6	17:46	17:54	18:04		Solbakk: 3. passing
	139,3	1,6	17:46	17:55	18:04		Start KOM Cat 2 Heia
 	141,6	0,0	17:49	17:58	18:07		Finish Heia   KOM Cat 2 Heia



## Repsol: A Global Multi-Energy Leader

Maybe you have seen their logo, but who are they and how are Repsol contributing to the Norwegian society?

Repsol is a multi-energy company headquartered in Madrid, with operations in 26 countries and over 24,000 employees. Since 2003, Repsol has been active in Norway, based in Stavanger, producing around 25,000 barrels of oil equivalents per day from the Norwegian shelf.

### Contributions to Norwegian Society

Repsol collaborates with various organizations in Norway to support local communities through initiatives in education, culture, charity, and cycling:

**Education:** Long-term partnership with the University of Stavanger.

**Culture:** Partnerships with Rogaland Theatre and Stavanger Maritime Museum.

**Cycling:** Sponsorship of Tour of Norway and support for Stavanger Cycling Club and Team Coop-Repsol.

**Charity:** Donations to local charitable organizations like The Church City Mission in Rogaland

Repsol's efforts reflect a strong commitment to enhancing the quality of life in Norwegian communities.



TOUR OF  
NORWAY

May 23



Alpecin  
RIBOOSTER  
Juninck  
WINDOWS

REPSOL

R

## STAGE 4

STAVANGER - STAVANGER

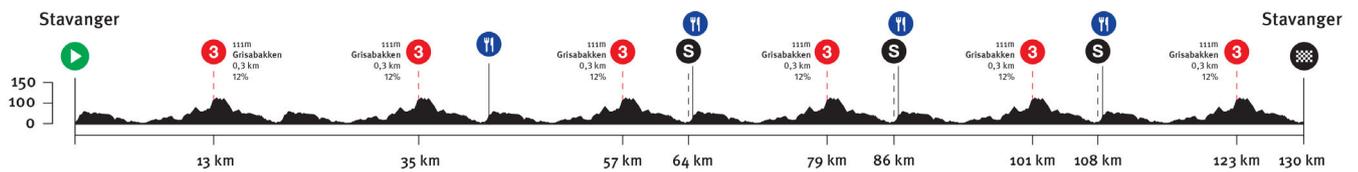
**PPO coordinates:** 58.971500, 5.739750

**Address start and finish line:** Skagenkaien, Stavanger

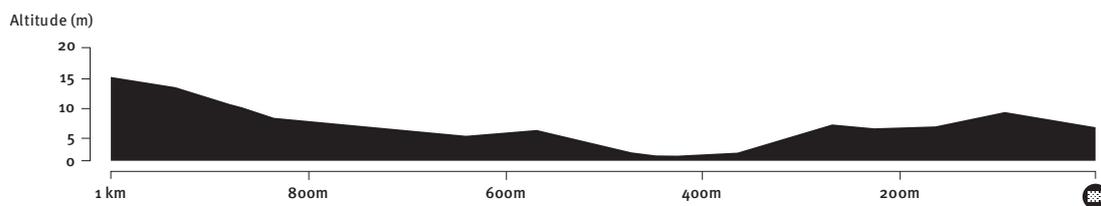
**Finish straight:** 300 meters, flat. Width: 6 meters.

**GPX files and online maps:** [tourofnorway.no](http://tourofnorway.no)

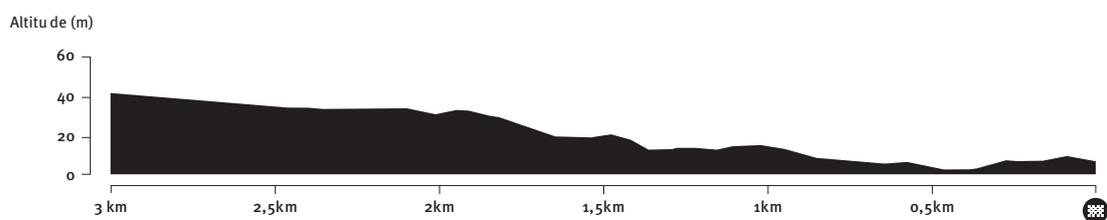
**Race headquarter:** At start.



LAST 1 KM | AVG. -0,8%  
STAVANGER



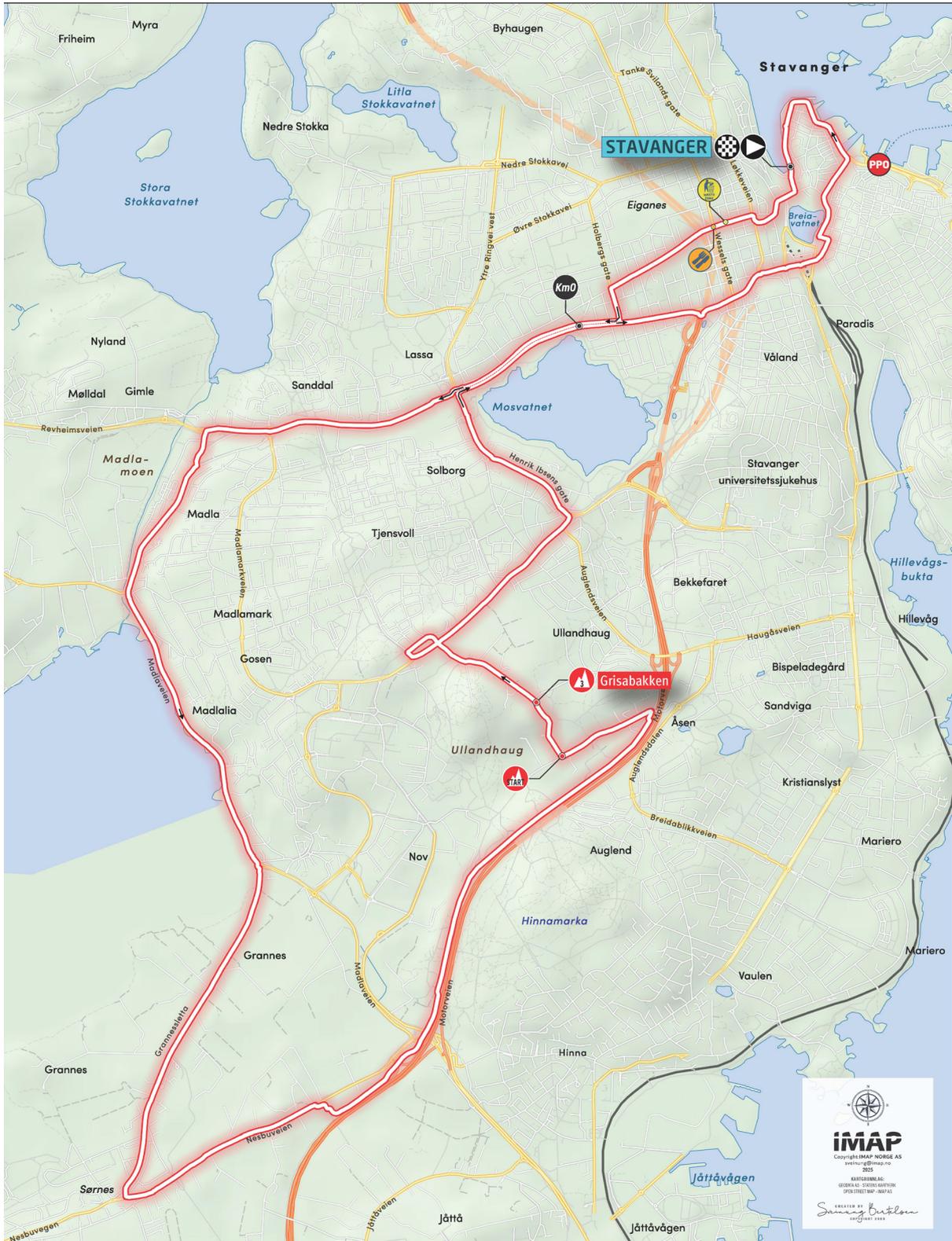
LAST 3 KM | AVG. -1,6%  
STAVANGER



- Sprint
- KOM
- Feeding Zone

# STAGE 4 LANDSCAPE - MAP

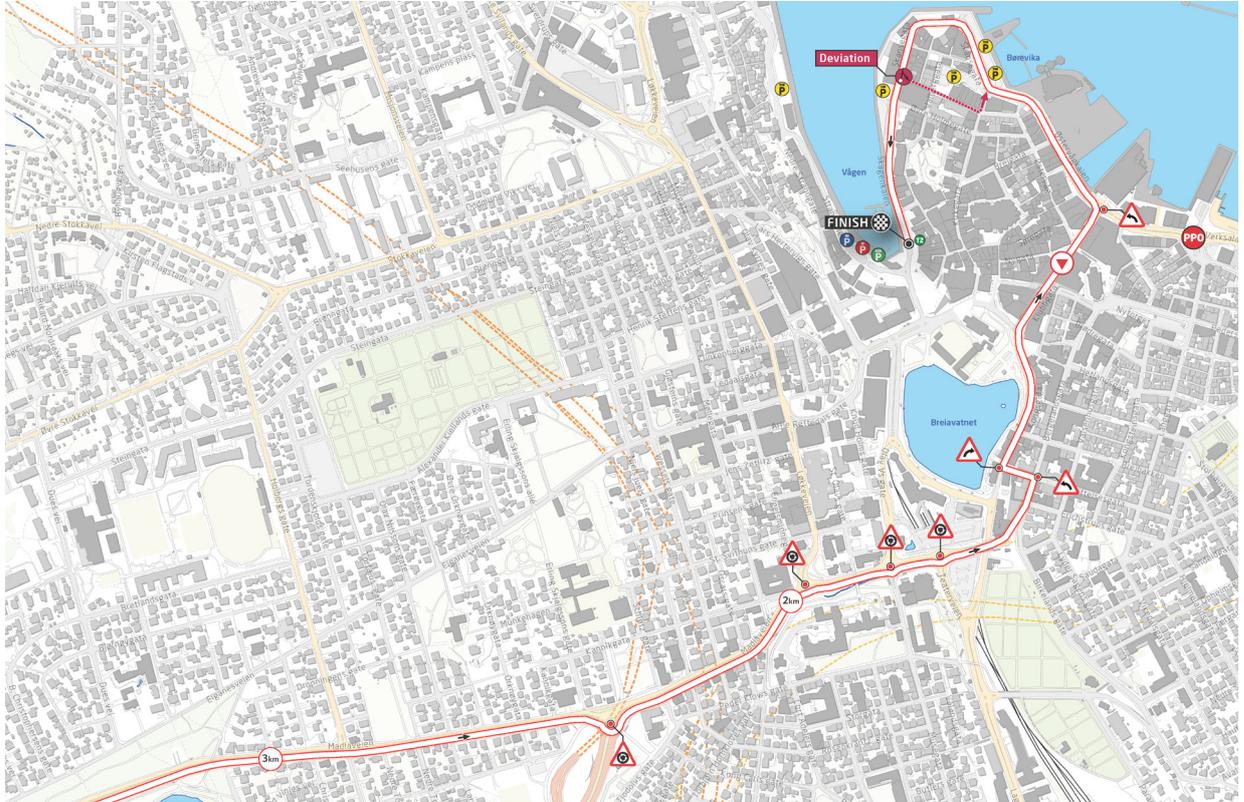
130 KM  
STAVANGER - STAVANGER  
SUNDAY JUNE 1



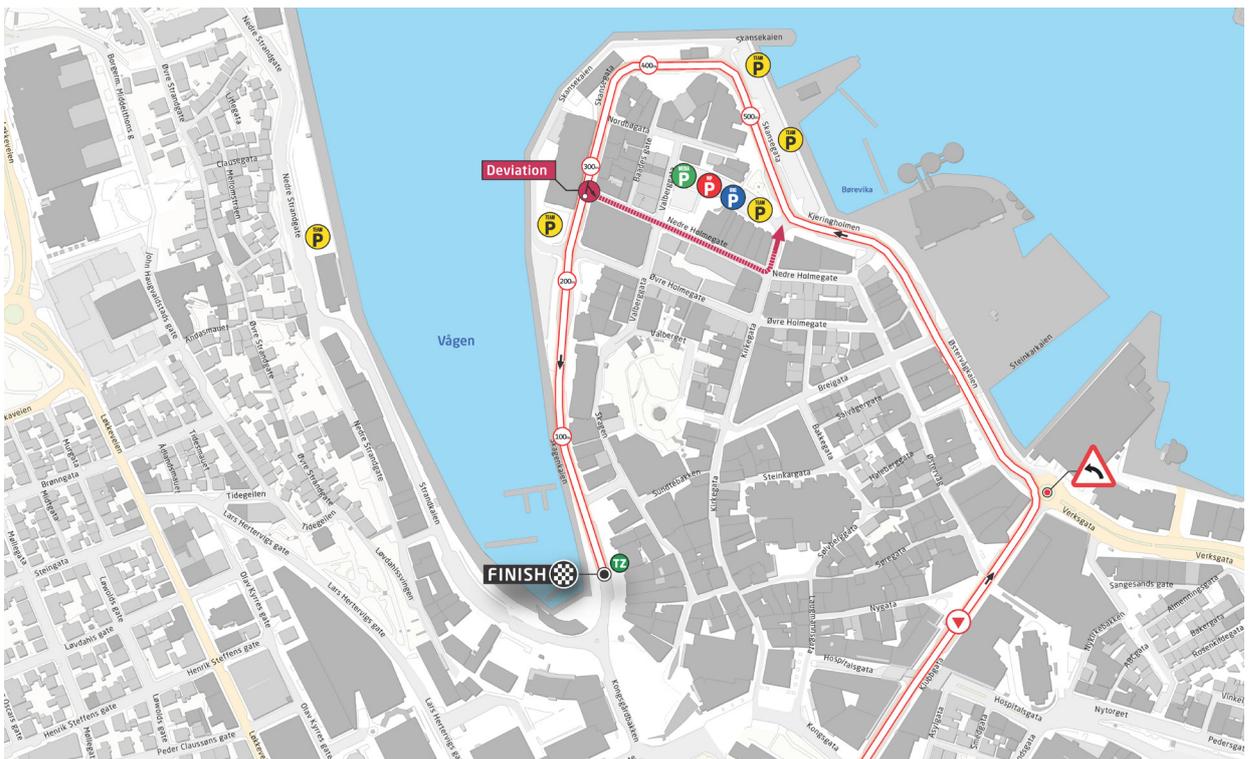
# STAGE 4

STAVANGER - STAVANGER

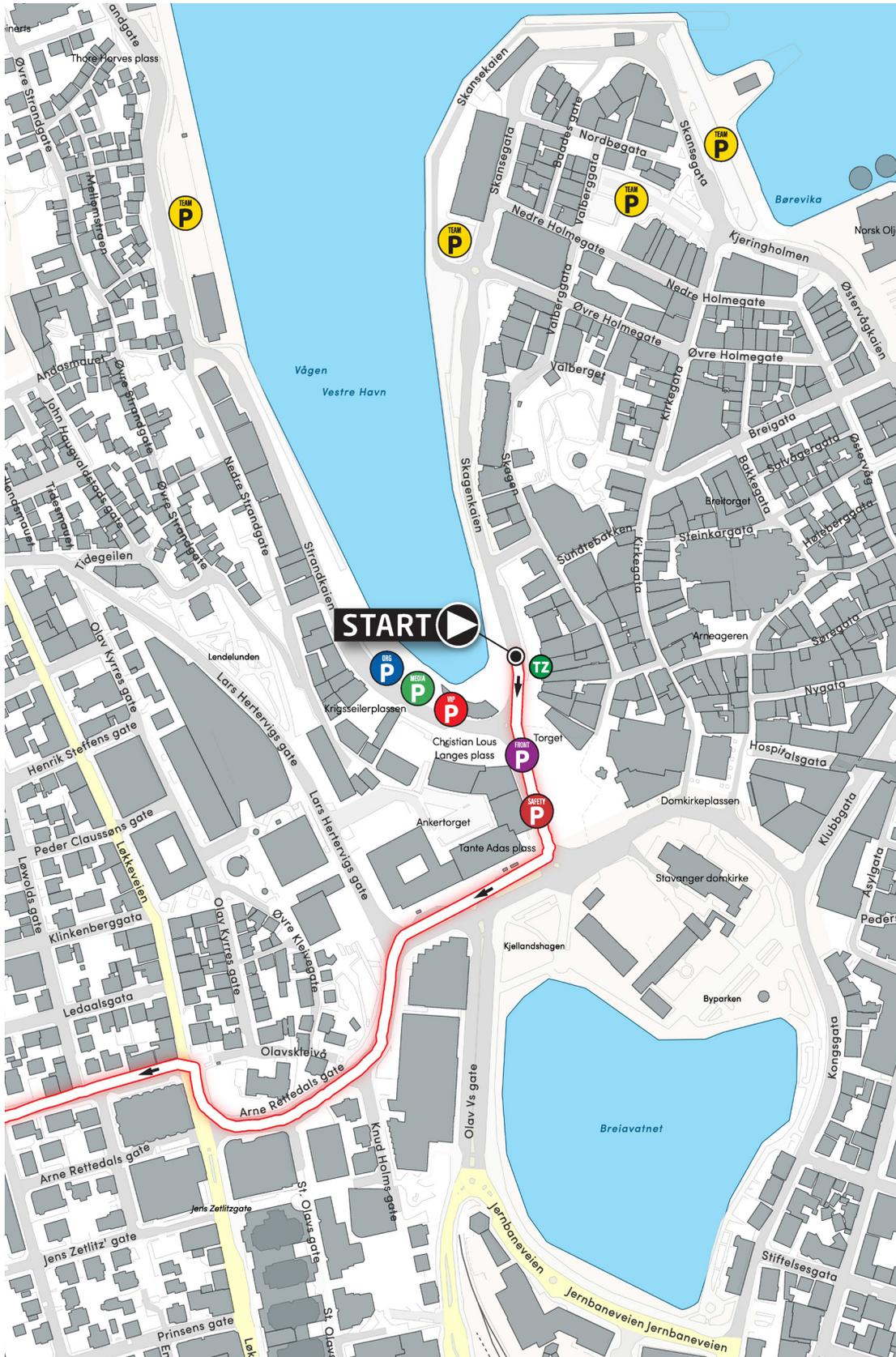
LAST 3KM  
STAVANGER



FINISH AREA  
STAVANGER



START AREA  
STAVANGER



- ALL TEAMS
- PRESS
- INVITED GUESTS
- ORGANISATION
- SAFETY
- FRONT

# STAGE 4

## ITINERARY

PART  
1 of 2

-  Sprint
-  KOM
-  Feeding zone
-  Waste zone

	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End		48 km/h	46 km/h	44 km/h		
	-1,9	<b>22</b>	<b>12:30</b>	<b>12:30</b>	<b>12:30</b>		<b>Start - Stavanger</b>
	-1,8	21,9				Right	Junction KV1531
	-1,8	21,9				First exit	Roundabout KV1531
	-1,6	21,7				Second exit	Roundabout Haakon VII's gate
	-1,4	21,6				Right	Junction KV1730/FV4570
	-1,4	21,5				Left	Junction FV4570/KV1197
	-1,2	21,3					Waste Zone
	-1,2	21,3					<b>Feed Zone</b>
	-0,4	20,6				Left	Junction KV1197/FV4576
	-0,2	20,4				Right	Junction FV4576/FV441
	0	20,1	12:35	12:35	12:35		Official start
	0,8	19,3	12:36	12:36	12:36	Second exit	Roundabout FV441
	0,8	19,3	12:36	12:36	12:36		Attention: Narrow
	1,3	18,8	12:36	12:36	12:36	Straight ahead	Junction FV441/KV1832
	1,7	18,4	12:37	12:37	12:37	Straight ahead	Junction FV441/KV1669
	2	18,2	12:37	12:37	12:37	Straight	Roundabout FV441
	2,3	17,8	12:37	12:38	12:38	Second exit	Roundabout FV441
	2,4	17,8	12:37	12:38	12:38		Amfi Madla
	2,5	17,6	12:38	12:38	12:38	First exit	Roundabout FV4540
	3,7	16,4	12:39	12:39	12:40		Sverd i fjell - X passing
	4,8	15,3	12:40	12:41	12:41		Entering Sola municipality
	5,2	14,9	12:41	12:41	12:42	Second exit	Roundabout FV4540
	5,2	14,9	12:41	12:41	12:42		Granneskrossen
	5,2	14,9	12:41	12:41	12:42	First exit	Roundabout FV4540
	7,4	12,7	12:44	12:44	12:45	Left	Junction FV4540
	7,8	12,3	12:44	12:45	12:45		Entering Stavanger municipality
	8,6	11,5	12:45	12:46	12:46	Right	Junction FV510
	11,9	8,2	12:49	12:50	12:51	Left	Junction sykkelstamveg
	11,9	8,2	12:49	12:50	12:51	Left	Junction KV2055
	12,5	7,6	12:50	12:51	12:52	Left	Junction KV2055/KV2217
	12,5	7,6	12:50	12:51	12:52		KoM climb start - 0,6 km (avg 8,2% max 14,3%)
	<b>12,9</b>	<b>7,2</b>	<b>12:51</b>	<b>12:51</b>	<b>12:52</b>		<b>KOM cat 3 - Grisabakken</b>
	13,8	6,3	12:52	12:53	12:53	Left	Junction KV3043/KV3029
	13,9	6,2	12:52	12:53	12:53	Second exit	Roundabout FV4548
	13,9	6,2	12:52	12:53	12:53		Ullandhaug
	14,5	5,6	12:53	12:53	12:54	Straight	Junction FV4548/KV3011

PART  
2 of 2130 KM  
STAVANGER - STAVANGER  
SUNDAY JUNE 1CALCULATED  
TIMES

KM

From Zero  
to End48  
km/h46  
km/h44  
km/h

DIRECTION

DESCRIPTION

	From Zero to End	48 km/h	46 km/h	44 km/h	DIRECTION	DESCRIPTION
	15,1	5	12:53	12:54	12:55	Brustadbu
	15,1	5	12:53	12:54	12:55	Second exit Roundabout FV440
	15,7	4,4	12:54	12:55	12:56	Attention: right side of obstacle
	15,7	4,4	12:54	12:55	12:56	First exit Roundabout FV440
	16	4,1	12:54	12:55	12:56	First exit Roundabout FV440
	16,1	4	12:55	12:56	12:56	Right Roundabout FV441
	16,2	3,9	12:55	12:56	12:57	Tjensvollkrysset
	17,2	2,9	12:56	12:57	12:58	Straight ahead Junction FV441/FV4576
	17,6	2,5	12:57	12:57	12:59	Second exit Roundabout EV39
	17,7	2,4	12:57	12:58	12:59	St Svithuns plass
	17,8	2,3	12:57	12:58	12:59	Straight ahead Junction FV441/KV2083
	18,1	2	12:57	12:58	12:59	Straight ahead Roundabout FV441
	18,3	1,8	12:57	12:58	12:59	Straight ahead Roundabout FV441
	18,4	1,7	12:57	12:58	13:00	Straight ahead Roundabout FV441
	19,2	0,9	12:58	13:00	13:01	Third exit Roundabout KV447
	<b>20</b>	<b>110</b>	<b>13:00</b>	<b>13:01</b>	<b>13:02</b>	<b>Finish line - 5 laps to go</b>
	<b>35</b>	<b>95</b>	<b>13:19</b>	<b>13:21</b>	<b>13:23</b>	<b>KOM cat 3 - Grisabakken 2nd passing</b>
	<b>42</b>	<b>88</b>	<b>13:28</b>	<b>13:30</b>	<b>13:32</b>	<b>Finish line - 4 laps to go</b>
 	42,7	87,3	13:29	13:31	13:33	Feed Zone / Waste Zone
	<b>57</b>	<b>73</b>	<b>13:47</b>	<b>13:50</b>	<b>13:53</b>	<b>KOM cat 3 - Grisabakken 3rd passing</b>
	<b>64</b>	<b>66</b>	<b>13:56</b>	<b>13:59</b>	<b>14:02</b>	<b>Finish line - 3 laps to go - Sprint #1</b>
 	64,7	65,3	13:57	14:00	14:03	Feed Zone / Waste Zone
	<b>79</b>	<b>51</b>	<b>14:15</b>	<b>14:19</b>	<b>14:23</b>	<b>KOM cat 3 - Grisabakken 4th passing</b>
	<b>86</b>	<b>44</b>	<b>14:24</b>	<b>14:28</b>	<b>14:32</b>	<b>Finish line - 2 laps to go - Sprint #2</b>
 	86,7	43,3	14:25	14:29	14:33	Feed Zone / Waste Zone
	<b>101</b>	<b>29</b>	<b>14:43</b>	<b>14:48</b>	<b>14:53</b>	<b>KOM cat 3 - Grisabakken 5th passing</b>
	<b>108</b>	<b>22</b>	<b>14:52</b>	<b>14:57</b>	<b>15:02</b>	<b>Finish line - 1 lap to go - Sprint #3</b>
 	108,7	21,3	14:53	14:58	15:03	Feed Zone / Waste Zone
	<b>123</b>	<b>7</b>	<b>15:11</b>	<b>15:17</b>	<b>15:23</b>	<b>KOM cat 3 - Grisabakken 6th passing</b>
	<b>130</b>	<b>0,0</b>	<b>15:20</b>	<b>15:26</b>	<b>15:32</b>	<b>Finish line Stavanger</b>



Photo: Szymon Gruchalski



# UCI SPECIFIC REGULATIONS

## ARTICLE 1. ORGANIZATION

Tour of Norway is organized by the company Fjords Cycling A/S. Address: Åsnutvegen 44b, 4055 Sola, Norway

## ARTICLE 2. TYPE OF EVENT

Tour of Norway is an international stage race, organized according to UCI rules and classified as 2.PRO Men Elite of UCI EUROPE TOUR.

As per UCI article 2.10.008, UCI points are awarded as follows for the UCI rankings:

-Place 1to 15 in the final General Classification by time: 200, 150, 125, 100, 85, 70, 60, 50, 40, 35, 30, 25, 20, 15, 10.

Place 16 to 30 in the final General Classification by time: 5 points each.

Place 31to 40 in the final General Classification by time: 3 points each.

-The first 5 finishers on each stage: 20, 15, 10, 5 and 3 points.

-Daily leader of the General Classification by time: 5 points.

## ARTICLE 3. PARTICIPATION

UCI WorldTeams (max 70%)  
UCI ProTeams  
UCI continental teams of Norway  
Foreign UCI continental teams (max. 2)

National team of the country of the organizer  
In order to compete in a UCI ProSeries event, UCI Continental Teams must contribute to the program for the fight against doping related to UCI ProSeries events as provided in the Financial Obligations published on the UCI website.

As per article 2.2.003 of the UCI regulations, teams must be formed of minimum 4 and maximum 6 riders

## ARTICLE 4. RACE HEADQUARTER

Team representatives are requested to confirm their starters and collect their race numbers and time transponders  
Wednesday 28th May 2025 from 15:30 - 16:45 at the following address:

Vår Energi Arena Sola, Åsnutvegen 44b 5055 Sola.

The team managers' meeting, organized in accordance with article 1.2.087 of the UCI regulations, in the presence of the Members of the Commissaires' Panel, is scheduled for 17:00 on Wednesday 28th May 2025 at the following address:

Vår Energi Arena Sola, Åsnutvegen 44b 5055 Sola.

## ARTICLE 5. RADIO-TOUR

Radio tour will be broadcasted in English. The frequency is: 154.925 Mhz.

## ARTICLE 6. NEUTRAL TECHNICAL SUPPORT

The neutral support is taken care of by 3 cars from the organizer.

## ARTICLE 7. RACE INCIDENTS OCCURRING IN THE LAST 3 KILOMETERS

As per UCI article 2.6.027. In the case of a duly noted incident in the last three kilometers of a road race stage, the rider or riders affected shall be credited with the time of the rider or riders in whose company they were riding at the moment of the incident. His or their placing shall be determined by the order in which he or they actually cross the finishing line.

Is considered as an incident, any event independent of the rider's control or from his physical capacity (fall involving several riders, mechanical problem, puncture) and his will of remaining with the riders in whose company he was riding at the moment of the incident. Riders affected by an incident, within the meaning of the preceding paragraph, are asked to make themselves known to a commissaire by rising their hand and report to a commissaire after the finish of the stage.

This article does not apply to stage 2 and 3 where the finish is at the top of a hill-climb.

## ARTICLE 8. FINISHING TIME LIMITS

Stage 1: 10%  
Stage 2: 12%  
Stage 3: 15%  
Stage 4: 10%

The Commissaries' Panel, in agreement with the organizer, may in exceptional circumstances increase the time limit in accordance with UCI art 2.6.032.

## ARTICLE 9. CLASSIFICATIONS - TIME BONUSES

The following classification(s) will be issued:

### Repsol General Individual Classification by Time:

The winner of Tour of Norway is the rider who, after completed the 4 stages, have the lowest accumulated time, including bonuses and penalties (if any). (Ref. UCI Reg. Part 2, art. 2.12).

The yellow jersey shall be worn by the current leader on time. Where two or more riders have the same time in the general individual placing, the placing will be set according to UCI regulations 2.6.015.

### General Individual classification by points

The general individual classification by points is decided by adding the points awarded at each intermediate sprint and stage finish.

There is one intermediate sprint at stage 1,2 and 3. There are three sprints on stage 4.

Points will be awarded as follows at the intermediate sprints:

1st 10 points  
2nd 8 points  
3rd 6 points

Points will be awarded as follows at stage finishes:

Stage 1 & 4: 25, 22, 20, 18, 16, 14, 12, 10, 8, 6, 5, 4, 3, 2, 1

## UCI SPECIFIC REGULATIONS 2025

Stage 2 & 3: 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1

The rider with highest number of points and who completes the whole race is the winner of the individual classification by points classification.

In the event of a tie in the classification, the following criteria shall be applied in order until the riders are separated:

- Number of stage wins.
- Number of wins in intermediate sprints counting for the General classification by points.
- General individual classification by time.

### MARKING/SIGN:

The intermediate sprint is marked with signs at 1km, 500m in addition to the line.

### King of the Mountains (KoM)

The King of the Mountains classification is decided by adding the points awarded on each of the KoM summits.

Points will be awarded as follows:

- Category 1 climbing points: 10,8,6,4,2
- Category 2 climbing points: 6,4,3,2
- Category 3 climbing points: 4,2,1

The rider with highest number of points and who completes the whole race is the winner of the King of the mountain's classification. In the event of a tie in the King of the mountain's classification, the following criteria shall be applied in order until the riders are separated:

- Number of first places in the highest category climbs
- Number of first places on climbs in the next inferior category and so on
- General individual classification by time

### MARKING/SIGN:

The King of the mountain's points are marked with signs at the beginning of the climb, and at 1km and 500m in addition to the line.

### Youth/U23 classification

The young rider's classification is open for riders born 1st of January 2003 or later. The winner is the rider who, after completing the 4 stages, have the lowest accumulated time, including bonuses and penalties. The leader of this competition shall wear the white jersey during the race.

### Team classification

The team classification for the day shall be calculated on the basis of the sum of the three best individual times from each team. In the event of a tie, the teams shall be separated by the sum of the places acquired by their three best placed riders on the stage. If the teams are still tied, they shall be separated by the placing of their best rider on the stage classification.

The team general classification shall be calculated on the basis of the sum of the three best individual times from each team in each stage ridden. In the event of a draw, the follow-

ing criteria shall be applied in order until the teams are separated:

- Number of first places in the daily team classifications;
- Number of second places in the daily team classifications; etc.

If there is still a draw, the teams shall be separated by the placing of their best rider in the general individual classification. Any team reduced to fewer than three riders shall be eliminated from the general team classification.

### Time Bonuses

Time bonuses, applicable only to Individual General Classification by Time will be awarded on each stage as follows:

Stage finishes: 10, 6, & 4 seconds awarded to the first three finishers.

Intermediate sprints; Stage 1, 2 and 3: 6, 4 & 2 seconds to first 3 riders . Stage 4: 3, 2 & 1 second(s) to first 3 riders .

## ARTICLE 10. PRIZES

The following prizes are awarded: See page 47 of the race manual.

A grand total of € 66 740 will be awarded in prize money at the event.

## ARTICLE 11. ANTI-DOPING

The UCI anti-doping and ITA régulations regulations are entirely applicable to the event. Moreover, and in conformity with the law of Norway, the Norwegian anti-doping legislation is applicable in addition to the UCI anti-doping regulations.

The anti-doping tests will take place at the Anti-Doping Unit or at a special location that will be located adjacent to the finish of each stage daily.

## ARTICLE 12. AWARDS CEREMONY

In the finish area\* immediately after the finish of every stage:

-No.1 on each stage.

-Distribution of the yellow jersey to the leading rider in the individual classification.

-Distribution of the KOM jersey, the points jersey, and the U23 jersey.

In the finish area immediately after the finish of the last stage:

-No.1 on the last stage.

-No.1, 2 and 3 in the individual general classification.

-The winner of the points classification.

-The winner of the King of the Mountains classification.

-The winner of the U23 classification.

-The winner of the team classification.

Stage winners and race leader may be asked to briefly attend a press conference after each stage. This also applies for the top 3 riders of the general classification after the last stage.

Riders must also attend the jersey signing after the ceremony.

#### ARTICLE 13. SIGN ON/ TEAM PRESENTATION

All riders must sign on the protocol before every stage. There will be a team presentation before each stage. The order/schedule of teams will be communicated at the team managers meeting. By signing on the start protocol the rider confirm that he has read and understand the race regulations and the route of the stage. 10 minutes before the start of each stage, the leaders in all classifications are required to attend a presentation arranged by the organization at the start line (in front of the other riders).

#### ARTICLE 14. PENALTIES

The UCI penalty scale is the only one applicable.

#### ARTICLE 15. RIDERS ABANDONING THE RACE

A rider who abandons the race shall immediately remove their race-numbers and deliver these to the commissaire in the "broom wagon". A rider who has abandoned the race may not compete in any other cycling events for the duration of Tour of Norway, (art. UCI 2.6.025).

#### ARTICLE 16. CIRCULATION DURING THE RACE AND TEAM CARS

Article 2.2.038 to 2.2.043 in the UCI regulations does apply to all vehicles in the convoy.

For the first stage, the driving order of the team cars are determined by drawing lots. All the vehicles driving in the motorcade are restricted to a maximum height of 1.66 m (art. 2.2.032).

Only one vehicle per team will be permitted to circulate at race level, however a second vehicle per team is allowed except on stage 4. Both team cars shall carry a sports director who holds the appropriate license, who shall be responsible for the vehicle (UCI art. 2.2.035).

Riders and all cars in the convoy must follow the instructions of Police, race-marshals and respect the Norwegian traffic rules. All roads are open for normal traffic, but there will be a rolling closure of each stage. All drivers/pilots must in addition to their official driver's license have an approved license from their respective national federation (including a UCI license number). Only vehicles with a yellow sticker (Official, team, media) are allowed between the first and last car of the race (red and green flag).

#### ARTICLE 17. ALTERATIONS

If it is necessary to alter any arrangements for the race, the President of the Commissaries' panel, and the Race Direction will take these decisions.

#### ARTICLE 18. THE ENVIRONMENT

The organizer organizes collection areas, which are specifically designated to recover waste. These waste zones are placed before the feeding zones expect for stage 4 where they are at different places on the route. Riders must only dispose of their waste, water bottles or any other object in these specially designated areas. Riders and followers must behave responsibly with regards to the environment in all circumstances and respect the legal provisions in force.

#### ARTICLE 19. FEEDING

Feeding is allowed between 30 km after start and until 20 km before finish. All static feeding must take place on the right side of the road (UCI art. 2.3.026).

Due to atmospheric conditions etc., the Commissaries may reduce the distance before feeding commences from the team cars, furthermore, they may also extend the distance before feeding closes. Such a decision will be communicated to interested parties in advance of the race.

Feeding zones are listed in the itinerary for each stage.

#### ARTICLE 20. IN-RACE COMMUNICATIONS

A secure communications and information system (the «ear-piece») is authorized and may be used for safety reasons and to assist riders (UCI art 2.2.024). The frequencies must be approved by the Norwegian Communications Authority.

#### ARTICLE 21. JERSEYS

The ranking of the Race Classification Jerseys are as follows:

- Individual General Classification (Repsol yellow jersey)
- Individual General Classification by point (Sprint jersey)
- King of the Mountains Classification (KoM jersey)
- Youth/U23 Classification (White jersey)

Race classification Jerseys must be worn for the following stage. Where a rider holds more than one jersey at the same time, the jersey to be worn shall be that with the highest ranking as indicated above and the lesser jersey shall be worn by the second placed rider in the classification, and so on.

The rider who carries one of the race jerseys can put on advertising for his team's principal partner(s) at the white rectangle at the front and back (UCI art. 1.3.053).

The organizer will print the advertising (leaders plaid) of each team at the race classification jerseys.

#### ARTICLE 22. RACE NUMBERS AND TRANSPONDERS

Each rider must put on two body numbers and one frame number at every stage. It is strictly forbidden to fold, cut or mutilate the race numbers in any way. Information about time transponders will be given at the permanence on when picking up the race numbers.

The time transponders must be returned to the timing provider at the finish line after finishing stage 4.

#### ARTICLE 23. STAGES EXPECTED TO FINISH IN BUNCH SPRINTS

The following stage(s) have been identified as expected to finish in bunch sprints:

- Stage 1 / (sprint zone starts at 5 km)

During these stages, the Sprint zone protocol for stages "expected to finish in bunch sprints" published on the UCI website in the Regulations section will be applied. The distance of the extension provided in article 2.6.027 is 5 kilometers and the time gap calculation shall apply as provided for the protocol.

## PRIZES

All prizes are given in Euro

RANK	ST1	ST 2	ST 3	ST 4	INDIVIDUAL GENERAL CLASSIFICATION
1	€ 3 615	€ 3 615	€ 3 615	€ 3 615	€ 7 230
2	€ 1 805	€ 1 805	€ 1 805	€ 1 805	€ 3 610
3	€ 905	€ 905	€ 905	€ 905	€ 1 810
4	€ 455	€ 455	€ 455	€ 455	€ 910
5	€ 365	€ 365	€ 365	€ 365	€ 730
6	€ 270	€ 270	€ 270	€ 270	€ 540
7	€ 270	€ 270	€ 270	€ 270	€ 540
8	€ 180	€ 180	€ 180	€ 180	€ 360
9	€ 180	€ 180	€ 180	€ 180	€ 360
10	€ 95	€ 95	€ 95	€ 95	€ 190
11	€ 95	€ 95	€ 95	€ 95	€ 190
12	€ 95	€ 95	€ 95	€ 95	€ 190
13	€ 95	€ 95	€ 95	€ 95	€ 190
14	€ 95	€ 95	€ 95	€ 95	€ 190
15	€ 95	€ 95	€ 95	€ 95	€ 190
16	€ 95	€ 95	€ 95	€ 95	€ 190
17	€ 95	€ 95	€ 95	€ 95	€ 190
18	€ 95	€ 95	€ 95	€ 95	€ 190
19	€ 95	€ 95	€ 95	€ 95	€ 190
20	€ 95	€ 95	€ 95	€ 95	€ 190

RANK	SPRINT	KOM	U23 CLASSIFICATION	TEAM CLASSIFICATION
1	1870	1870	1100	3400
2	930	930	540	-
3	600	600	360	-



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